

Kennesaw

Parks & Recreation Program Guide

All Tracks

Lead to Kennesaw

www.kennesaw-ga.gov/pkrec



Inside:

Spotlight on
Adams Park
Page 6

Special Events
Page 7

Southern Museum
of Civil War and
Locomotive History
Page 8

Logo Contest
Page 9



MISSION STATEMENT

The City of Kennesaw Parks & Recreation Department is dedicated to providing the highest quality recreational opportunities through the development of both active and passive programs and facilities to promote the physical, social, and mental wellness of its citizens.



PARKS & RECREATION STAFF

Director:	Doug Taylor, dtaylor@kennesaw-ga.gov
Assistant Director:	Ben Southard, bsouthard@kennesaw-ga.gov
Special Events Coordinator:	Laurel Fleming, lfleming@kennesaw-ga.gov
Recreation Programs Coordinator:	David Pies, dpies@kennesaw-ga.gov
Administrative Assistant:	Selina Hadley, shadley@kennesaw-ga.gov
Parks Supervisor:	Mike Loner, mloner@kennesaw-ga.gov
Parks Lead Man:	Mike Scalf
Parks Crew Leader:	Danny Cole
Parks Workers:	Darrell Atwood, Alberto Avila, Mark Benio, Samuel Lopez, Don Nichols, Jesus Ortiz, Sam Parker, Rolando Pardo, Paul Porter, Chuck Rhoads, Charles Zielinski



CONTACT INFORMATION

City of Kennesaw
Parks & Recreation Department
2753 Watts Drive
Kennesaw, Georgia 30144

Telephone: (770) 422-9714
Fax: (678) 460-3373
Internet and
Online Registration: www.kennesaw-ga.gov/pkrec

The Kennesaw Parks & Recreation Program Guide is published by the City of Kennesaw.

PROGRAM INDEX

Adult Activities	10
Aerobics	16
Arts & Crafts	10
Automotive	19
Ceramics	14
Computers	20
Dance & Movement	15
Dog Obedience	19
Drawing	13
Guitar	20
Jewelry Making	10
Kickboxing	16
Painting	13
Photography	12
Pilates	17
Scrapbooking	12
Stress Reduction	18
Tennis	21
Yoga	18
Youth Classes	22
Arts & Crafts	22
Baby Signs	30
Babysitters Training	29
Ceramics	23
Cheerleading	27
Computers	30
Dance & Movement	24
Day Camps	7
Drawing	23
Gymnastics	25
Kid's Dog Obedience	29
Kid's Yoga	27
Magic	29
Manners	29
Music & Drama	28
Self Defense	27
Soccer & T-Ball	28
T-Ball	27
Tennis	28
Registration Form	31

ABOUT THIS GUIDE

The Kennesaw Parks & Recreation Department offers something for everyone. The Department is responsible for park maintenance and development, and offers a variety of enrichment classes, workshops and special events. Activities target every age group, from toddlers through seniors.

The Kennesaw Parks & Recreation Department is a member of the Georgia Recreation and Park Association (GRPA) and the National Recreation and Park Association (NRPA).

In this Program Guide you will find seasonal and ongoing programs for all interests and ages. The Kennesaw Parks & Recreation Department reserves the right to make changes to any information contained in the Program Guide.

KENNESAW CITY COUNCIL



Leonard Church
Mayor



John A. Dowdy
Council Post 1



Mark R. Mathews
Council Post 2



Bob Baker
Council Post 3



Bill Thrash
Council Post 4



Holly Martin
Council Post 5

LOCAL INTEREST

Kennesaw Adult Softball	(770) 422-9714
Kennesaw Baseball Association	(770) 425-0052 www.eteamz.com/kba
Kennesaw City Hall	(770) 424-8274
Kennesaw Futbol Club (Soccer)	(770) 578-5067 www.kennesawfc.org
Kennesaw Girls Softball Association	(678) 355-9635 www.leaguelineup.com/kgas
Kennesaw Historical Society	(770) 975-0877
Kennesaw Mountain National Battlefield Park	(770) 427-4686 www.nps.gov/kemo

Kennesaw Tsunami Swim Team	(770) 424-7654
Kennesaw Youth Football Association	(770) 975-9171 www.kennesawmustangs.com
Little General Cloggers	(770) 428-3914
North Cobb Arts League	(770) 427-3628 www.ncart.org
Southern Museum of Civil War and Locomotive History	(770) 427-2117 www.southernmuseum.org
Square Dealers (Square Dancing)	(770) 426-8324 www.squaredealers.com

INTERESTED IN TEACHING?

The Kennesaw Parks & Recreation Department selects activity offerings based on participants' interest and space availability. If you have a special talent, skill, or knowledge you would like to share with others in the community in a class or workshop format, please send your proposal to the following address: Kennesaw Parks & Recreation Department, c/o Activity Proposal, 2753 Watts Drive, Kennesaw, GA 30144. Be sure to include the following information: A brief summary of the class or workshop that you are interested in teaching; proposed class fees, schedule of sessions, type or size of facility required; and minimum and maximum number of participants. Your proposal must be received by January 6, 2006 to be considered for the next Program Guide.

WANT TO BE ON OUR MAILING LIST?

The Kennesaw Parks & Recreation Program Guide is published by the City of Kennesaw, and is mailed to past users. If you would like to be added to this list please call (770) 422-9714 and provide us with the following information: first and last name, mailing address (include zip code), and e-mail address.

CITY HOLIDAYS

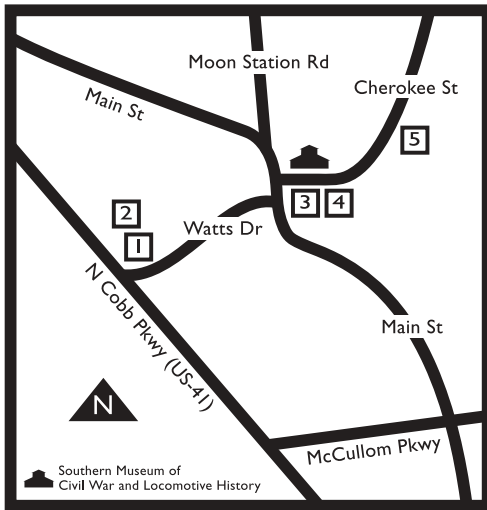
We will be closed in observance of the following holidays:

Thu & Fri, Nov 24-25	Thanksgiving
Sun & Mon, Dec 25-26	Christmas
Sun & Mon, Jan 1-2	New Year's Day
Mon, Jan 16	Martin Luther King, Jr. Day
Mon, Feb 20	President's Day



PARKS & FACILITIES

The Kennesaw Parks & Recreation Department currently oversees 19 recreation sites within City limits. These include a community park, three neighborhood parks, 11 small urban parks, and four indoor recreational facilities. Neighborhood and urban parks are located within residential subdivisions. Two new sites along Old Highway 41 and Pine Mountain Road are planned for future development.



- 1 Kennesaw Community Center**
2753 Watts Drive
- 2 Adams Park**
2600 Park Drive (beside Kennesaw Community Center)
- 3 Kennesaw Depot**
2828 Cherokee Street
- 4 Community House/Pottery Barn**
2838 Cherokee Street
- 5 Bobby Grant Recreation Center**
2934 Cherokee Street



FACILITY RENTALS

Having a birthday party, club meeting, reception or family reunion? The City of Kennesaw has a variety of multi-purpose and specialty facilities that are available for rent by the public, non-profit organizations and private business.

Conveniently located 25 minutes north of Atlanta, near Interstate 75 and Cobb Parkway/US-41, the **Kennesaw Community Center** offers affordable banquet and meeting space for functions up to 264 guests.

Recently renovated, the 26,000 square foot Kennesaw Community Center has ten rooms, three of which are available for rental. Interior accommodations include a 3,952 square foot banquet hall complete with catering kitchen, and two 840 square foot meeting rooms that can be joined to form a large meeting room. There is ample parking, and the entrance features a porte-cochere with interior vestibule to provide shelter for arriving guests.



Staff Photo

Located in an old fire station on Cherokee Street near downtown Kennesaw, the **Bobby Grant Recreation Center** has been in use as a community center since 1998. Facilities include a large activities room and a half-kitchen. The Bobby Grant Recreation Center is ideal for receptions, club meetings and parties.



Staff Photo

Also along Cherokee Street, the 2,940 sq. ft. **Community House** has three rooms, which are used for Parks & Recreation classes and Summer Day Camps. Amenities include a small kitchen area.

This facility is perfect for small gatherings, such as a baby shower or birthday party.

Nearby attractions include the Southern Museum of Civil War and Locomotive History (a member of the prestigious Smithsonian Affiliations Program), Kennesaw Mountain Battlefield Park and Town Center Mall. There are over a dozen lodging options within a two mile radius, and whether you prefer casual or elegant dining, endless choices of restaurants and eateries are within a short drive.

Facility use applications are available online at www.kennesaw-ga.gov/pkrec or at the Kennesaw Community Center. For information on rates and availability, please call (770) 422-9714.

REGISTRATION INFORMATION AND POLICIES

REGISTRATION INFORMATION

All Kennesaw Parks & Recreation activities are open to the public. Registration is accepted on a first come, first serve basis until the maximum number is reached or seven days prior to the first activity date, unless otherwise stated.

We offer four convenient ways to register for activities:



Register online 24 hours a day, 7 days a week at www.kennesaw-ga.gov/pkrec. It's fast, easy, convenient and free (no online transaction fees). We only accept credit card payments over the Internet.



Complete the registration form in the back of the Kennesaw Parks & Recreation Program Guide and fax it to (678) 460-3373. We only accept credit card payments via fax.



Send your completed registration form to the Kennesaw Parks & Recreation Department, 2753 Watts Drive, Kennesaw, GA 30144. We accept check and credit card payments by mail. Do not send cash.



Drop off your completed registration form and payment at the Kennesaw Community Center, which is located at 2753 Watts Drive (beside Adams Park, near the intersection of US-41 and Watts Drive). Our regular

office hours are Monday through Friday, 8am to 5pm. We accept cash, check and credit card payments. Individuals paying with cash are asked to bring exact change.

Activity fees are due at time of registration. Checks should be made payable to the "City of Kennesaw". We accept Visa®, Mastercard® and American Express® credit cards.

AGE REQUIREMENTS

Age requirements have been established to safely facilitate age appropriate classes. Class participants must be the appropriate age by the first day of class in order to register.

REGISTRATION DEADLINE

Registration is accepted on a first come, first serve basis until the maximum number is reached or seven days prior to the first activity date, unless otherwise stated.

POLICIES

If we cancel an activity:

- Registration fees are refundable if the Kennesaw Parks & Recreation Department cancels an activity. Refunds are issued to the charging credit card or by check from the City of Kennesaw. Please allow up to 2 - 3 weeks for processing.
- In lieu of a refund, you may request a credit to your account which may be used by any immediate family member toward registration for another activity offered by the Kennesaw Parks & Recreation Department.

If you withdraw from an activity:

- For class cancellations, your registration fees less a \$5.00 cancellation fee will be refunded for all requests received prior to the start of the second class. No refunds will be given after the start of the second class.
- For Summer Day Camp cancellations, your registration fees less a \$30.00 cancellation fee will be refunded for all requests received prior to the start of the camp. Your pro-rated registration fees less a \$30.00 cancellation fee will be refunded for all requests received after the start of the camp.
- Failure to attend an activity does not entitle the participant to transfer, make-up, or receive a refund.
- In lieu of a refund, you may request a credit to your account which may be used by any immediate family member toward registration for another activity offered by the Kennesaw Parks & Recreation Department.

Resident vs. Non-Resident

- You are considered a City resident if you live within the incorporated city limits of Kennesaw and receive a garbage bill from the City of Kennesaw.
- You are considered a Non-Resident if you live outside the city limits of Kennesaw. A Kennesaw postal address does not, in itself, determine residency.
- Non-Resident user fees are \$15.00 per activity, or \$10.00 if the activity is one-month or less in duration.

Inclement Weather Policy

When Cobb County schools are closed due to inclement weather, all Kennesaw Parks & Recreation activities will be cancelled. Most major media sites are notified of Cobb County School District closings.

Emergency Cancellations

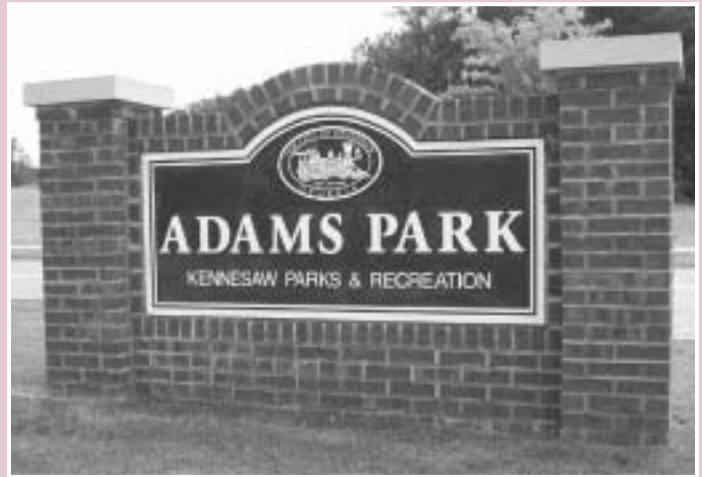
If an activity is unexpectedly cancelled due to an emergency, the instructor will make every effort to contact participants and reschedule the activity.

Spotlight on Adams Park

Kennesaw residents recognize their City as a great place to live, learn, work and play. Some of the most important public resources are our parks, which are a vital part of the quality of life in Kennesaw, and provide recreational opportunities for families and people of all ages.

Located near US-41/Cobb Parkway and Watts Drive, Adams Park is the City's largest developed community park. At 33 acres, Adams Park has 10 lighted ball fields, multiple batting cages, two lighted tennis courts, one lighted soccer field, playground equipment, batting cages, picnic tables, pavilions, grills, benches and restrooms.

And whether you're a player, coach, parent, umpire or referee, there are plenty of opportunities to get involved in youth sports



at Adams Park. City sponsored organizations, such as the Kennesaw Baseball Association, the Kennesaw Futbol Club (soccer), and the Kennesaw Girls Softball Association play league games and tournaments throughout the year at Adams Park.

The recent addition of a perimeter trail will also enhance recreational opportunities for health living and provide the community with a safe place to walk, jog and skate. Dogs are permitted on the trail/sidewalks, unless otherwise posted.

Enjoy your next visit to Adams Park and take advantage of all the benefits YOUR community park has to offer.

Calling All Walkers

Whether you race walk, fitness walk, or walk for pleasure, we invite you to experience the new perimeter trail at Adams Park. The 8-foot wide trail is over 3,000 feet in length, and extends from Park Drive at the northern boundary of the park, to points near Watts Drive along the southern boundary of the park.

Skating and dogs are permitted on the trail/sidewalks, unless otherwise posted. The trail is open from sunrise to sunset.



SPECIAL EVENTS

The Kennesaw Parks & Recreation Department sponsors a variety of special events throughout the year. In addition, the City partners with a variety of organizations to host specialized events such as the Big Shanty Festival and Kennesaw Fall Antique Festival.

Lighting of the City Tree & Holiday Tree Decorating Contest

Thu, Dec 1 at 7pm

If you love the lights and sounds of the holidays, then grab your winter coat and join your friends and neighbors for the annual Kennesaw Lighting of the City Tree ceremony. The festive program is held at the Depot in Downtown Kennesaw, and will include caroling, hot chocolate and special performances by local groups.



A Day with Santa & Santa Parade



Lisa Goodman

Sat, Dec 10 at 12pm

Santa's arrival takes place with a march down Main Street. The parade features a special Grand Marshal, designer holiday floats, music, horses, and of course, Santa Claus, Mrs. Claus and live

reindeer. Families are welcome to take photographs. Entertainment and refreshments will be provided.

Community Health Fair/Blood Drive

Tue, Dec 6 from 2pm to 7pm

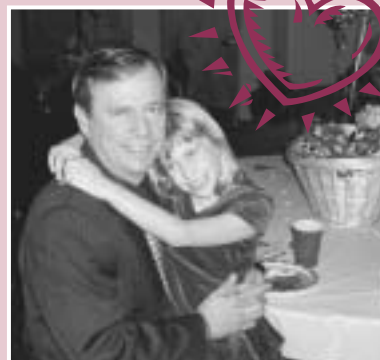
Meet the experts, get valuable health information, and give blood! Health screenings will be available for free or at discounted rates. Physicians, nurses, and other health care professionals will be on hand to answer questions on a wide variety of medical and health-related subjects such as dentistry, chiropractic care, nutrition, sleep disorder, weight loss, podiatry, eye care, alternative medicine, assisted living, and even veterinary medicine. Come for free samples and a free chair massage! **Blood donors: Call (770) 422-9714 to schedule an appointment.**



Valentine's Day Dance

Sat, Feb 11 from 6pm to 9:30pm

Put on your dancing shoes and get ready for an enchanted evening to remember! The 3rd Annual Valentine's Day "Mommy/Son or Daddy/Daughter" Dance will be held in the Kennesaw Community Center Banquet Hall. The cost is \$25 per couple, and a limited number of tickets will be sold on a first come, first serve basis (no walk-ins). Additional tickets are available for \$10 each. There will be a DJ, food, light refreshments, crafts, contests and giveaways. Keepsake photos will be available for purchase. Buy your tickets online at www.kennesaw-ga.gov/pkrec. Click on the "Online Registration" link and select activity code 3000.001. You can also buy your tickets at the Kennesaw Community Center. Don't wait, as this event will sell out!



Touch-A-Truck

Sat, Mar 18 from 10am to 2pm

Bring the entire family out to the Depot for Touch-A-Truck. Explore a variety of cool vehicles, including fire trucks,



ambulances, police cars, tractors, earth movers and more. Kids will love sitting and climbing on top of trucks, blowing the horns, and meeting the drivers of these awesome machines.



Southern Museum of CIVIL WAR and LOCOMOTIVE History

in Association with the Smithsonian Institution

Kennesaw Historical Society Spring Lecture Series

Visitors who would like to tour the Museum before or after the lectures should enter through the front entrance.

More Than Petticoats - Remarkable GA Women March 11, 2-3 pm

Learn about the unique women of GA with author Sara Martin.

History of the Civil War Locomotive, the General April 8, 2-3 pm

Chase the history of this stolen locomotive with local historian Robert Jones.

The Federal Prison Camp at Elmira, NY

May 13, 2-3 pm

Local historian Joe Bozeman tells the story of one of the worst Civil War prison camps where thousands of Confederate soldiers died of rampant disease.

Hours of Operation

Mon - Sat: 9:30 am - 5 pm

Sun: 12 Noon - 5 pm

Closed New Year's Day,
Easter, Thanksgiving,
Christmas

Admission:

Adults: \$7.50

Senior Citizens (over 60): \$6.50

Children 4-12: \$5.50

Children 3 and under: free

General's Birthday Bash

November 5

Daylong festivities will mark the 150th birthday of the General at the Southern Museum. Families will enjoy the Museum's movie *The Great Locomotive Chase* even more than usual because cake and ice cream will be served.

Family Movie Night: The General

November 5, 6 - 8 pm

As part of the 150th birthday celebration, a FREE public showing of the Buster Keaton movie will be held in the Museum theatre.



A Civil War Christmas December 10

Celebrate the holidays at the Museum in the halls of the Lacy Hotel, decked in Civil War period decorations. Children will make their own special decorations for the tree and the 125th Ohio will be encamped out front.

War period decorations. Children will make their own special decorations for the tree and the 125th Ohio will be encamped out front.

Homeschool Days 10 am - 4 pm

February 6, March 6, April 3, May 8

Children of all ages who are homeschooled can explore the Museum's exhibits for a special rate with this ad! Reservations not required. (Please note: the Museum does not provide group tours on Homeschool Days.)

Evening with the General

Special Members-Only Event

February 25, 5-7 pm

2829 Cherokee Street • Kennesaw, GA 30144 • 770-427-2117 • www.southernmuseum.org

Next Stop . . . Kennesaw!

The Southern Museum of Civil War and Locomotive History in Kennesaw, GA offers a wide range of exhibits, including a glimpse into the daily lives of soldiers during the Civil War; a reproduction of a turn-of-the-century locomotive factory; and an exciting depiction of the Civil War's Great Locomotive Chase. A special gallery will feature traveling exhibits from the Smithsonian Institution Traveling Exhibition Service (SITES) as well as other sources and will be changed every few months, so visit often!



Take advantage of this unique opportunity to celebrate the locomotive that made Kennesaw famous. Museum members can have a photo taken next to the General and will have an opportunity to sit in the cab. Members will also receive a special 25% discount in the Museum gift shop.

Battle of Kennesaw

April 22, 10 am - 6 pm,

April 23, 12 noon - 5 pm

Visitors can hear 19th Century music and experience the sights and sounds of camp life. At 2 pm each day, the air will be filled with the thunderous noise of a Civil War battle. Admission: Adults \$5 (12 & up), Children \$3 (ages 4-12), 3 and under free



All Aboard Days

May 20,

10 am - 5 pm

May 21,

12 pm - 5 pm

Children will be thrilled to ride

miniature trains provided by the North Georgia Live Steamers. Activities include children's railroad stories, model railroad displays, and more. Admission: \$5 per person (4 & up), includes unlimited train rides. Special half-price Museum admission with event hand stamp.

Summer Day Camps

The Kennesaw Parks & Recreation Department offers a variety of day and specialty camps during the summer. Be sure to check the Spring/Summer 2006 Program Guide (due out in early-March) for details on camps available. Registration for summer day and specialty camps will begin in early March.

For additional information, please call (770) 422-9714 or visit www.kennesaw-ga.gov/pkrec.

Summer Activity Day Camp—Through a special blend of recreation and education, the Kennesaw Parks & Recreation Department offers week-long activity day camps at the Kennesaw Community Center for children ages 5 to 12. Sample activities include arts & crafts, games, sports, movies, indoor & outdoor play, and some weeks may include special guest speakers/demonstrations and short walking trips to local attractions. Our trained and safety

certified recreation staff provides leadership, and we maintain low instructor/camper ratios.

Session dates for 2006 are June 5 to August 4. Register for one week of day camp, or all nine. Choose from half-day (7:30am to 1pm and 12pm to 6pm) or full-day (7:30am to 6pm) sessions.

Specialty Camps—British Soccer, Baseball, Gymnastics, Tennis, and more!



2006 Summer Activity Day Camp Logo Contest

The Kennesaw Parks & Recreation Department is sponsoring a contest to design a logo for the 2006 Summer Activity Day Camp. The theme is "Where the Fun Goes Around". The winning logo design will be the official mark for the 2006 Summer Activity Day Camp and will be reproduced on camp t-shirts and promotional materials.

The winner will receive a \$100 gift certificate that can be used toward payment for any recreation program offered by the Kennesaw Parks & Recreation Department.

Design guidelines

- Logo must be hand drawn on white unlined paper or designed on a computer.
- Logo can have a maximum of 3 colors and must feature the theme "Where the Fun Goes Around".
- Logo must be original work. No clip art, photographs, or copyrighted material.
- Entries will become sole property of the Kennesaw Parks & Recreation Department.

Who can enter

- Only children ages 5 to 12 are eligible.

How to enter

- Entries must be submitted or postmarked by Wednesday, February 1, 2006.
- Entries should be submitted to the Kennesaw Parks & Recreation Department, Attention: Recreation Programs Coordinator, 2753 Watts Drive, Kennesaw, GA 30144.
- Digital entries must be submitted on a CD/DVD or 3.5" computer disk, and must be in JPG, BMP, TIF, PSD, EPS or AI format. Do not e-mail digital entries.
- Entries must include full name, age, mailing address, telephone, and/or email address.

Award criteria

- Entries will be judged based on creativity and appropriate use of the theme. A panel of judges will select the winning entry.



Announcement of winning entry

- The winning entry will be announced in March 2006 on the City of Kennesaw web site.
- The winning entry may be slightly altered to prepare it for public use. The Kennesaw Parks & Recreation Department reserves the right to not select any of the submitted entries. If no entry is selected, no award will be distributed.

COMMUNITY PROGRAMS

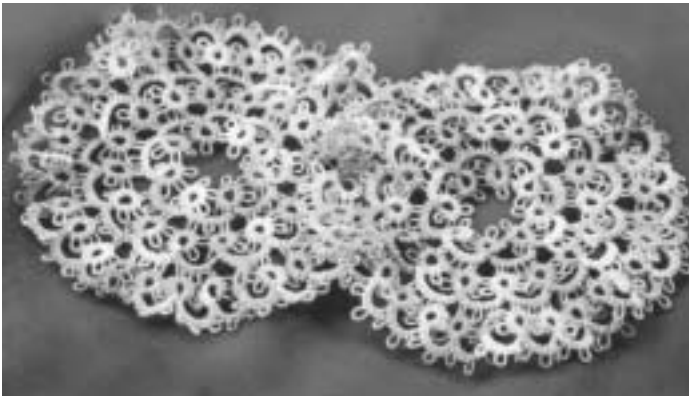
ADULTS – ARTS & CRAFTS

TATTING AND LACEMAKING

Needle tatting is an old style of lacemaking that originated in Europe during the mid-19th century. Needle tatting is worked with a special needle, and is easier to learn and faster to do than shuttle tatting. Once you master the basics of any tatting pattern, you'll be creating attractive lace for years to come.

Supplies: \$25 to instructor on day of class. **Instructor:** Betty Vroman. **Location:** Community House.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.048	14 and up	Sa	1/7	10:00am-1:30pm	1	\$23/\$33
3320.049	14 and up	Sa	3/4	10:00am-1:30pm	1	\$23/\$33



Betty Vroman

JEWELRY MAKING FOR BEGINNERS

Learn beginner silversmith techniques and how to use basic jeweler tools (saw, files and pliers) as you construct a silver ring. This class will cover pierce work, silver soldering and how to set a cabochon stone in a bezel setting. You will receive step-by-step instruction on how to build a ring from silver wire and silver sheet. Class size is limited for more individualized instruction.

Supplies: \$10 to instructor on first day of class. **Instructor:** Anne Wing. **Location:** Kennesaw Community Center.

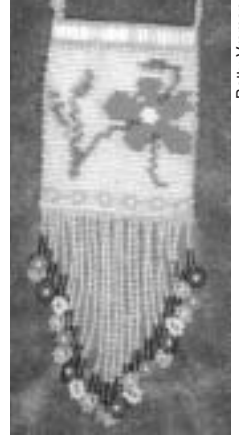
Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.032	14 and up	Tu	12/6-12/20	7:00pm-9:00pm	3	\$60/\$70
3320.033	14 and up	Tu	1/10-1/24	7:00pm-9:00pm	3	\$60/\$70
3320.034	14 and up	W	2/8-2/22	7:00pm-9:00pm	3	\$60/\$70
3320.035	14 and up	W	3/8-3/22	7:00pm-9:00pm	3	\$60/\$70

TRADITIONAL NATIVE AMERICAN BEAD WEAVING

Beads are one of the earliest forms of Native American art, and bead weaving is so much more than loom work. You will learn actual techniques used by Native Americans such as the openwork mesh, gourd stitch, Comanche brick stitch, right angle weave and more. **Supplies:** \$8 to instructor on first day of class for scissors. Students will supply their own beads.

Instructor: Betty Vroman.

Location: Community House.



Betty Vroman

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.050	14 and up	Th	3/2-3/23	6:00pm-8:30pm	4	\$73/\$83

ART AND FABRIC FUSION

Use your imagination to create unique art that you will treasure forever! This class will focus on small-scale landscape quilts, collage using any media that will work together, soft sculpture shapes and dolls, paint, thread, beads and wire. Clean out your attic and turn that trash into treasure. Some sewing experience is helpful, and sewing machines are welcome. No classes conducted on 1/16/06.

Supplies: \$10 to instructor on first day of class; Students will supply their own sewing machine (optional), thread, needles, glue, scissors, water erasable fabric marking pens, small and medium brushes, and paint. **Attire:** Old clothing. **Instructor:** Dawn Hopper. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.004	15 and up	M	1/9-2/6	10:15am-11:45am	4	\$60/\$70
3320.005	15 and up	M	3/6-3/27	10:15am-11:45am	4	\$60/\$70

ADULTS – ARTS & CRAFTS

BEADED CHRISTMAS ORNAMENTS

Create beautiful sparkling beaded tree ornaments. Once the technique and pattern is mastered, the color variations are endless. Easy, fun and festive! **Supplies:** \$10 to instructor on day of class. **Instructor:** Betty Vroman. **Location:** Community House.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.046	13 and up	Tu	12/6	6:00pm-8:00pm	1	\$25/\$35



Betty Vroman

RIBBON CRAFT

Re-create vintage ribbon flowers using old techniques and make a decorative piece for any room in your home. Create cushions, floral displays, handbags, hats, décor, ornaments and more. The possibilities are endless. In this beginner's class, you will learn to make stemmed flowers and appliqué flowers for most surfaces using needed & thread, florist wire, tape, ribbons and crinoline. Capture the lost art of ribbon craft and create a family heirloom!



Supplies: \$15 to instructor on first day of class **OR** Students will supply their own hand sewing needles, e6000 glue, fray check, 3yds of 1 1/2" ribbon in flower color, 3yds of 1 1/2" ribbon in leaf color, and matching thread. **Instructor:** Dawn Hopper. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.001	15 and up	Th	1/5-1/26	6:00pm-7:30pm	4	\$52/\$62
3320.002	15 and up	Th	2/2-2/23	6:00pm-7:30pm	4	\$52/\$62
3320.003	15 and up	Th	3/2-3/23	6:00pm-7:30pm	4	\$52/\$62

VINTAGE BEADING

Beads can add sparkle to everything you wear. In this class, you will create dazzling vintage jewelry, including a Victorian beaded pin, a Victorian lariat necklace, a 1920s flapper necklace, and a 1960s daisy chain with variations. All projects are fun and easy to learn. **Supplies:** \$8 to instructor on first day of class for scissors. Instructor will provide list on first day of class for remaining supplies. **Instructor:** Betty Vroman. **Location:** Community House.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.051	14 and up	Th	2/2-2/23	6:00pm-8:30pm	4	\$73/\$83

GLASS MOSAICS

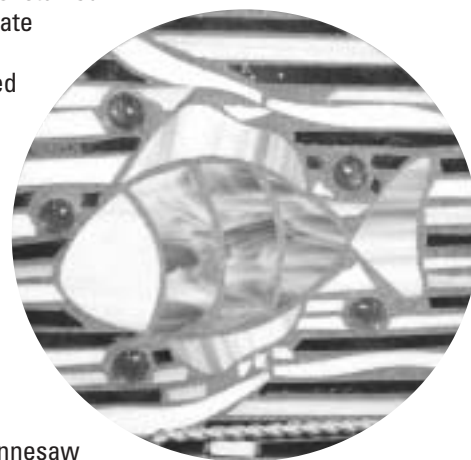
Discover how fun, easy and beautiful glass mosaics can be! In this class you will make beautiful stepping-stones and other useful decorative objects using cut stained glass. **Supplies:** \$40 to instructor on first day of class. **Attire:** Old clothing or apron, safety glasses. **Instructor:** Barbara Hartstein. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.052	18 and up	Th	2/2-2/23	6:30pm-9:30pm	4	\$72/\$82

TRADITIONAL STAINED GLASS

Learn the Tiffany-style of stained glass construction. Create beautiful stained glass objects that can be used in sun catchers, windows and doors... even lamps! This class is designed for the beginner through intermediate student.

Supplies: Request list at time of registration. **Attire:** Old clothing or apron, safety glasses. **Instructor:** Barbara Hartstein. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.053	18 and up	Th	1/5-1/26	6:30pm-9:30pm	4	\$94/\$104

CATHEDRAL WINDOW ORNAMENTS

Dazzle your friends and family members with beautiful, hand crafted fabric cathedral window ornaments. Make your own holiday ornaments this year. Let your imagination lead the way. **Supplies:** \$10 to instructor on day of class. **Instructor:** Betty Vroman. **Location:** Community House.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.047	12 and up	W	12/7	6:00pm-8:00pm	1	\$25/\$35

ADULTS – ARTS & CRAFTS

PHOTO ALBUM MAKING

Complete a scrapbook album in five weeks! You'll learn the importance of telling the stories behind your pictures.

Supplies: \$63 to instructor on first day of class (for an album, tools needed to complete it, and supplies to help keep your pictures organized). **Attire:** Comfortable clothing. **Instructor:** Julie Jones, Creative Memories Senior Consultant. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.021	18 and up	Th	1/5-2/2	6:00pm-9:00pm	5	\$35/\$50
3320.022	18 and up	Th	2/9-3/9	6:00pm-9:00pm	5	\$35/\$50
3320.023	18 and up	F	1/13-2/10	9:00am-12:00pm	5	\$35/\$50
3320.024	18 and up	F	2/24-3/24	9:00am-12:00pm	5	\$35/\$50



PHOTO ORGANIZATION

Learn the importance of photo preservation. Do you have your pictures scattered everywhere? Then come get them organized!

Supplies: \$44 to instructor on first day of class (for materials safe for your pictures, designed for organization). **Attire:** Comfortable clothing. No classes conducted on 2/14/06. **Instructor:** Julie Jones, Creative Memories Senior Consultant.

Location: Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.025	18 and up	Tu	1/10-1/24	6:00pm-9:00pm	3	\$39/\$49
3320.026	18 and up	Tu	1/31-2/21	6:00pm-9:00pm	3	\$39/\$49
3320.027	18 and up	Tu	2/28-3/14	6:00pm-9:00pm	3	\$39/\$49
3320.028	18 and up	W	1/11-1/25	9:00am-12:00pm	3	\$39/\$49
3320.029	18 and up	W	2/1-2/15	9:00am-12:00pm	3	\$39/\$49
3320.030	18 and up	W	2/22-3/8	9:00am-12:00pm	3	\$39/\$49
3320.031	18 and up	W	3/15-3/29	9:00am-12:00pm	3	\$39/\$49

BETTER PHOTOGRAPHY

Discover one of the most popular hobbies in America. Better Photography will teach you how to control the variables of taking great photographs. Learn about lighting, filters, and how to photograph varied situations, such as landscapes and portraiture to taking pictures at sporting events. **Supplies:**

Students must have their own photographic equipment, including film camera and film, digital or "point and shoot" camera, and instruction manual (if available). If you don't have access to a camera, let us know—we'll contact the instructor and she'll try to locate one for you. **Instructor:** Michael Connell. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.014	14 and up	Th	12/1-12/22	10:30am-12:00pm	4	\$110/\$120
3320.015	14 and up	Th	1/19-2/9	10:30am-12:00pm	4	\$110/\$120
3320.016	14 and up	Th	2/16-3/9	10:30am-12:00pm	4	\$110/\$120
3320.017	14 and up	Th	3/16-4/6	10:30am-12:00pm	4	\$110/\$120
3320.018	14 and up	Sa	1/21-2/11	11:00am-12:30pm	4	\$110/\$120
3320.019	14 and up	Sa	2/18-3/11	11:00am-12:30pm	4	\$110/\$120
3320.020	14 and up	Sa	3/18-4/8	11:00am-12:30pm	4	\$110/\$120



ONLINE REGISTRATION IS AVAILABLE!

Register online for your favorite activities anytime, day or night, from your home or office computer.

It's fast, easy, convenient and it's free
(no online transaction fees).

- Find the activities you want to register for in this Program Guide.
- Visit www.kennesaw-ga.gov/pkrec and click on the "Online Registration" link.
- Select your activities and click to register.
- Complete your registration, pay with a credit card, and receive an instant e-mail confirmation of your enrollment.

ADULTS – ARTS & CRAFTS

STUDIO ART

Studio Art is designed as an “all-media” continuous course. Highly individualized instruction is offered to participants wishing to draw, paint or sculpt. This open studio class offers instruction ranging from basic principles of art (such as color theory and composition) to the development of advanced skills and techniques. **Supplies:** Material and supply list will be provided based on the student's choice of medium. **Instructor:** Michael Connell.

Location: Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.006	14 and up	W	11/30-12/21	6:30pm-9:00pm	4	\$100/\$110
3320.007	14 and up	W	1/18-2/8	6:30pm-9:00pm	4	\$100/\$110
3320.008	14 and up	W	2/15-3/8	6:30pm-9:00pm	4	\$100/\$110
3320.009	14 and up	W	3/15-4/5	6:30pm-9:00pm	4	\$100/\$110

OIL PAINTING & DRAWING WITH JESSICA FLEMING

This class is designed to teach classical realist techniques for the contemporary artist. Learn the profound basics that artists have known for hundreds of years. Having a firm grasp of these foundation techniques of realism will increase the skill of any artist and the power of his/her artwork. The class opens with a simple drawing designed to relay much of the groundwork of classical realism. Students are then encouraged to bring in drawing or painting subject matter to his/her liking. Much like the art guilds of old, student skill ranges from beginner to advanced, so all are welcome! Artist Jessica Fleming has 12 years of drawing and painting experience, including living and studying art in Italy. Jessica is proficient in media including graphite, charcoal, pastel and oil. Join anytime during a session (fee will be pro-rated with walk-in registration only). No classes conducted on 4/14/06.

Supplies: Request supply list at time of registration. **Instructor:** Jessica Fleming. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.036	18 and up	Tu	1/10-2/28	10:00am-1:00pm	8	\$112/\$127
3320.039	18 and up	Tu	3/14-5/2	10:00am-1:00pm	8	\$112/\$127
3320.037	18 and up	Th	1/12-3/2	6:00pm-9:00pm	8	\$112/\$127
3320.040	18 and up	Th	3/16-5/4	6:00pm-9:00pm	8	\$112/\$127
3320.038	18 and up	F	1/13-3/3	10:30am-1:30pm	8	\$112/\$127
3320.041	18 and up	F	3/17-5/12	10:30am-1:30pm	8	\$112/\$127



WATERCOLOR

Explore painting with watercolor media using new and traditional techniques. Open to painters of all skill levels, this continuous studio class offers highly individualized instruction to each participant. **Supplies:** Students supply their own. Materials are provided for first session, and a supply list will be determined based on individual student's preference or need. **Instructor:** Michael Connell. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.010	14 and up	Th	12/1-12/22	1:00pm-3:30pm	4	\$110/\$120
3320.011	14 and up	Th	1/19-2/9	1:00pm-3:30pm	4	\$110/\$120
3320.012	14 and up	Th	2/16-3/9	1:00pm-3:30pm	4	\$110/\$120
3320.013	14 and up	Th	3/16-4/6	1:00pm-3:30pm	4	\$110/\$120



Michael Wood

DRAWING UNLIMITED

Drawing Unlimited is a continuous course that offers participants the opportunity to develop or expand their drawing skills and explore a wide variety of materials, surfaces and techniques. **Supplies:** Students will supply their own materials, as needed. **Instructor:** Michael Connell. **Location:** Kennesaw Community Center.



Michael Wood

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3320.042	14 and up	W	11/30-12/21	10:00am-12:30pm	4	\$110/\$120
3320.043	14 and up	W	1/18-2/8	10:00am-12:30pm	4	\$110/\$120
3320.044	14 and up	W	2/15-3/8	10:00am-12:30pm	4	\$110/\$120
3320.045	14 and up	W	3/15-4/5	10:00am-12:30pm	4	\$110/\$120

ADULTS – CERAMICS

CHRISTMAS CLAY WORKSHOP

Learn how to make a simple clay nativity scene. Keep it for yourself or present it to your loved one for a very special gift. Fun for all participants—young and old. **Supplies:** \$5 to instructor on day of workshop for clay, firing and glaze. **Attire:** Wear play clothes (you will get dirty). **Instructor:** Patty Caldwell, MFA Georgia State University; BFA Texas A&M University. **Location:** Community House/Pottery Barn.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3330.013	8 and up	M	11/28	5:30pm-6:30pm	1	\$15/\$25

RAKU WORKSHOP

Raku's origins trace back to 16th century Japan when bowls were produced for tea ceremonies. Contemporary Raku is a dramatic art form sure to inspire anyone who works with clay. In this one day workshop, you can experience the thrill of peering into a working kiln, handling glowing hot metal tongs, and witnessing the transformation of your work from clay to Raku masterpiece. **Supplies:** Students will supply their own bisque ware. A firing fee of \$5 (per piece) will cover the cost of glaze and propane fuel. **Attire:** Cotton clothing, hat/cap, sunglasses, leather closed-toe shoes, fireproof gloves (if available); No flammable clothing. **Instructor:** Patty Caldwell, MFA Georgia State University; BFA Texas A&M University. **Location:** Community House/Pottery Barn.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3330.011	18 and up	Sa	3/18	10:00am-5:00pm	1	\$20/\$30

CLAY SCULPTURE & HANDBUILDING

Sculpt and build in clay. Learn spatial concepts, handling of materials, how to get a likeness of your subject, pinch method, and three non-wheel techniques. An animal sculpture will be the first project. This is an excellent class for beginning clay artists. **Supplies:** \$25 to instructor on first day of class for clay, firing and glaze. **Attire:** Wear play clothes (you will get dirty). **Instructor:** Patty Caldwell, MFA Georgia State University; BFA Texas A&M University. **Location:** Community House/Pottery Barn.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3330.012	10 and up	M	1/23-3/13	6:00pm-8:00pm	8	\$78/\$93

CLAY SCULPTURE – FIGURE OR HEAD

With clay as the building medium, the instructor will guide you in sculpture techniques. Learn to “see” in three dimensions and translate your vision into a sculptured form. Subject can be a portrait, a figure, or a free-form design from your own imagination. **Supplies:** \$15 to instructor on first day of class (for basic sculpture tools and clay). **Instructor:** Shirley Sims. **Location:** Community House/Pottery Barn.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3330.001	18 and up	Th	1/12-2/16	7:00pm-9:00pm	6	\$65/\$80
3330.002	18 and up	Th	2/23-3/30	7:00pm-9:00pm	6	\$65/\$80



POTTERY HAND BUILDING OR WHEEL

Clay is a versatile material that can be used to produce ornate objects or functional pieces. Learn the coil, pinch and slab methods of hand building, and when you've got the basics down, move on to wheel techniques. Use of wheel requires instructor's approval. **Supplies:** \$25 to instructor on first day of class for clay, firing and glaze. **Attire:** Wear play clothes (you will get dirty). **Instructor:** Patty Caldwell, MFA Georgia State University; BFA Texas A&M University. **Location:** Community House/Pottery Barn.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3330.003	14 and up	Tu	1/24-3/14	7:00pm-9:00pm	8	\$73/\$88
3330.007	14 and up	Tu	3/28-5/16	7:00pm-9:00pm	8	\$73/\$88
3330.004	14 and up	W	1/25-3/15	12:00pm-2:00pm	8	\$73/\$88
3330.005	14 and up	W	1/25-3/15	5:00pm-7:00pm	8	\$73/\$88
3330.006	14 and up	W	1/25-3/15	7:00pm-9:00pm	8	\$73/\$88
3330.008	14 and up	W	3/29-5/17	12:00pm-2:00pm	8	\$73/\$88
3330.009	14 and up	W	3/29-5/17	5:00pm-7:00pm	8	\$73/\$88
3330.010	14 and up	W	3/29-5/17	7:00pm-9:00pm	8	\$73/\$88

ADULTS – DANCE & MOVEMENT

ADULT BALLET

Designed for enjoyment, exercise and personal well being, this class will introduce adults to the basics of ballet. Ballet will help you improve posture, muscle tone and body awareness. No classes conducted on 12/26/05, 1/2/06, 1/16/06, 2/20/06 and 3/20/06. **Attire:** Dance attire; ballet shoes.

Instructor: Donna Kalish.

Location: Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3340.003	16 and up	M	11/7-1/30	8:00pm-9:15pm	10	\$71/\$86
3340.004	16 and up	M	2/6-4/24	8:00pm-9:15pm	10	\$71/\$86

ADULT TAP

Tap dancing is a form of dance that can be learned at any age. Learn basic steps that will help increase your coordination and memory. If you find yourself tapping your foot or bobbing your head to music, you'll love this class! No classes conducted on 12/26/05, 1/2/06, 1/16/06, 2/20/06 and 3/20/06. **Attire:** Dance leotards or comfortable clothing (shorts, sweats or stretch); Tap shoes.

Instructor: Donna Kalish. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3340.001	15 and up	M	11/7-1/30	7:00pm-8:00pm	10	\$71/\$86
3340.002	15 and up	M	2/6-4/24	7:00pm-8:00pm	10	\$71/\$86

BALLROOM DANCING FOR BEGINNERS

Ballroom dancing is fun, easy to learn, and a great way to socialize. Learn the steps to the Latin dances we all love: Samba, Cha-Cha, Rumba, and more. Fee listed is per student (not couple). No classes conducted on 1/16/06 and 2/20/06. **Attire:** Comfortable dance shoes. **Instructor:** Anne-Marie Tremblay. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3340.014	16 and up	M	1/9-1/30	7:00pm-8:00pm	3	\$30/\$40
3340.015	16 and up	M	2/6-2/27	7:00pm-8:00pm	3	\$30/\$40
3340.016	16 and up	M	3/6-3/27	7:00pm-8:00pm	4	\$40/\$50



MAMBO DANCING FOR BEGINNERS

Mambo is a flashy Cuban musical form and dance style—and is just as hot now as it was in the 1950s. If you love Latin music and want to learn the steps and swing your hips, then come join us. No classes conducted on 1/16/06 and 2/20/06. **Attire:** Comfortable dance shoes. **Instructor:** Anne-Marie Tremblay. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3340.017	16 and up	M	1/9-1/30	8:05pm-9:05pm	3	\$36/\$46
3340.018	16 and up	M	2/6-2/27	8:05pm-9:05pm	3	\$36/\$46
3340.019	16 and up	M	3/6-3/27	8:05pm-9:05pm	4	\$48/\$58

BELLY DANCE FOR BEGINNERS

Come and rediscover your femininity while improving your health. Belly dancing is a natural, holistic exercise that will make you feel beautiful in your own body, let you express yourself, and get into better shape. **Attire:** Comfortable clothing (no need to show your tummy!); Bare feet, ballet shoes or low-heel shoes. **Instructor:** "Moyna" (Anne-Marie Tremblay). **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3340.005	16 and up	Th	1/12-1/26	9:30am-10:30am	3	\$36/\$46
3340.006	16 and up	Th	1/12-1/26	7:30pm-8:30pm	3	\$36/\$46
3340.008	16 and up	Th	2/2-2/23	9:30am-10:30am	4	\$48/\$58
3340.009	16 and up	Th	2/2-2/23	7:30pm-8:30pm	4	\$48/\$58
3340.011	16 and up	Th	3/2-3/30	9:30am-10:30am	5	\$60/\$70
3340.012	16 and up	Th	3/2-3/30	7:30pm-8:30pm	5	\$60/\$70
3340.007	16 and up	Sa	1/14-1/28	10:00am-11:00am	3	\$36/\$46
3340.010	16 and up	Sa	2/4-2/25	10:00am-11:00am	4	\$48/\$58
3340.013	16 and up	Sa	3/4-3/25	10:00am-11:00am	4	\$48/\$58



Michael Wood

ADULTS – FITNESS & HEALTH

POWER CUT

Tone and define your muscles while building strength through weight training. Using resistance from dumbbells and medicine balls, this high energy weight class makes “working out” fun! No classes conducted on 3/21/06. **Attire:** Workout attire; Weightlifting/training gloves. **Instructor:** Karan McKinney, AFAA Certified Group Fitness Instructor. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.007	18 and up	Tu	12/6-2/21	9:30am-10:30am	12	\$85/\$100
3350.008	18 and up	Tu	2/28-5/23	9:30am-10:30am	12	\$85/\$100

FROM FLAB TO FAB

Kickoff your weekend with an invigorating hour of exercise. You'll tighten, tone and strengthen your entire body using a variety of aerobic exercises, resist-a-bands and free weights. Fun, safe, and effective! Fee averages to only \$3.50 per class meeting! Join anytime during a session (fee will be pro-rated). **Supplies:** Students will supply their own mat or towel. **Attire:** Workout attire; Aerobic shoes. **Instructor:** Carol Roskind, IFTA Certified Fitness Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.018	18 and up	Sa	1/7-2/25	8:00am-9:00am	8	\$28/\$43
3350.019	18 and up	Sa	3/4-4/29	8:00am-9:00am	9	\$31.50/\$46.50



CARDIO KICKBOXING

Whip into shape with this HIGH ENERGY cardio workout. Punch! Jab! Kick! Strike! **Supplies:** Students will supply their own hand wraps or boxing gloves. **Attire:** Workout attire. **Instructor:** Karan McKinney, KickFit Certified Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.003	18 and up	W	2/15-3/22	6:00pm-6:45pm	6	\$45/\$60



AEROBICS – MORNING WAKEUP

Wake up to a low impact, but an exciting intensity, with a wonderful group of workout buddies. Class will combine use of step and dance aerobics with resist-a-bands, lots of arm work, abwork, leg work, and light weights. Fee averages to only \$3.50 per class meeting! No classes conducted on 1/16/06 and 2/20/06, and between 12/14/05 and 1/4/06. Join anytime during a session (fee will be pro-rated). **Supplies:** Students will supply their own mat or towel. **Attire:** Workout attire; Aerobic shoes. **Instructor:** Carol Roskind, IFTA Certified Fitness Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.014	18 and up	M W F	12/2-1/30	9:00am-10:00am	15	\$52.50/\$67.50
3350.015	18 and up	M W F	2/1-3/31	9:00am-10:00am	25	\$87.50/\$102.50

BOOT CAMP

This is the ultimate “sweat” workout, incorporating basic kickboxing moves, power step and free weight intervals, and much more. **Supplies:** Students will supply their own mat and towel. **Attire:** Workout attire; Aerobic shoes. **Instructor:** Teresa Wagner, ACE Certified Personal Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.029	15 and up	Sa	12/3-12/17	9:15am-10:15am	3	\$24/\$34
3350.030	15 and up	Sa	1/7-2/11	9:15am-10:15am	6	\$48/\$63
3350.031	15 and up	Sa	2/18-3/25	9:15am-10:15am	6	\$48/\$63

ADULTS – FITNESS & HEALTH

AEROBICS – EVENING SHAPE UP

After you arrive home from work, instead of watching endless television, come and have a low-impact cardiovascular workout designed to strengthen your bones and muscles. A good fitness routine can help ease stress, and is one of the most important activities you can do to improve your quality of life. Fee averages to only \$3.50 per class meeting! No classes conducted between 12/13/05 and 1/5/06. Join anytime during a session (fee will be pro-rated). **Supplies:** Students will supply their own mat or towel. **Attire:** Workout attire; Aerobic shoes. **Instructor:** Carol Roskind, IFTA Certified Fitness Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.016	18 and up	Tu Th	12/1-1/31	7:00pm-8:00pm	10	\$35/\$50
3350.017	18 and up	Tu Th	2/2-3/30	7:00pm-8:00pm	17	\$59.50/\$74.50

SENIOR CHAIR AEROBICS

Looking for more energy? Designed for seniors 55 and up, this class will improve your cardiovascular health, flexibility, body balance and muscle strength. Stretch without stressing the back or hips. Fee averages to only \$3.50 per class meeting! **Supplies:** Students will supply their own towel. **Attire:** Comfortable stretch clothing; Sports shoes. **Instructor:** Carol Roskind, IFTA Certified Fitness Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.020	55 and up	Tu Th	1/10-1/31	2:30pm-3:30pm	7	\$24.50/\$34.50
3350.021	55 and up	Tu Th	2/2-2/28	2:30pm-3:30pm	8	\$28/\$38
3350.022	55 and up	Tu Th	3/2-3/30	2:30pm-3:30pm	9	\$31.50/\$41.50

BELLY DANCE AEROBICS

Hide your tummy during class and show it off at the beach! Come join us and break out into a sweat. As the class progresses, you will be in great shape for the summer. **Attire:** Comfortable clothing (no need to show your tummy!); Bare feet, ballet shoes or low-heel shoes. **Instructor:** "Moyna" (Anne-Marie Tremblay). **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.023	16 and up	Th	1/12-1/26	6:30pm-7:30pm	3	\$36/\$46
3350.025	16 and up	Th	2/2-2/23	6:30pm-7:30pm	4	\$48/\$58
3350.027	16 and up	Th	3/2-3/30	6:30pm-7:30pm	5	\$60/\$70
3350.024	16 and up	Sa	1/14-1/28	11:05am-12:05pm	3	\$36/\$46
3350.026	16 and up	Sa	2/4-2/25	11:05am-12:05pm	4	\$48/\$58
3350.028	16 and up	Sa	3/4-3/25	11:05am-12:05pm	4	\$48/\$58



LET'S PLAY BALL!

A burst of cardio-tone! We'll use weighted medicine balls and exercise balls in this exhilarating aerobic workout class. Strengthen and tone your muscles through the resistance of the balls. Guaranteed fun! **Attire:** Workout attire. **Instructor:** Karan McKinney, AFAA Certified Group Fitness Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.004	18 and up	W	1/4-2/8	6:00pm-6:45pm	6	\$45/\$60

PILATES

Pilates is a series of exercises that grow and build upon each other to strengthen and stretch the body at the same time. Pilates works deep muscles that are functional muscles that we use every day which manifests as strong, lean muscles without the bulk. If performed correctly, Pilates can flatten your stomach, tighten the buttocks and thighs, improve your posture, make you taller, help you sleep, improve your bone density, cholesterol levels and blood pressure readings, improve your flexibility, and tone and tighten every muscle in the body from the inside out. **Supplies:** Students will supply their own mat. **Instructor:** Sue Madison, PIA Certified and AFAA Certified Group Fitness Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.001	16 and up	W	1/4-2/22	11:00am-12:00pm	8	\$72/\$87

PILATES: BASIC MATWORK

The Pilates method of body conditioning strengthens and tones muscles, improves posture, provides flexibility and balance, unites body and mind, and creates a more streamlined shape. No classes conducted on 3/21/06 and 3/23/06. **Supplies:** Students will supply their own mat. **Attire:** "Flexible" form fitting clothing. **Instructor:** Karan McKinney, NDEITA Certified Pilates Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3350.005	18 and up	Tu Th	12/1-1/24	11:00am-12:00pm	16	\$135/\$150
3350.006	18 and up	Tu Th	2/2-4/4	11:00am-12:00pm	16	\$135/\$150

ADULTS – FITNESS & HEALTH

YOGA & MEDITATION

Energize yourself, reduce stiffness, and help reduce stress through this invigorating discipline that blends strength, flexibility, breathing and balance. No experience necessary for beginning through intermediate students. **Supplies:** Students will supply their own towel or mat. **Attire:** Comfortable clothing.



Michael Wood

Instructor: Barbara Friedrich, Certified Yoga Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3350.002	18 and up	W	1/11-3/29	7:00pm-8:15pm	12	\$120/\$135

POWER AND GRACE

This "Yogilates" workout incorporates elements of yoga and Pilates-based exercises, blending the best of both disciplines. The instructor combines the flexibility, balance and spiritual training of yoga with the strength and core body moves of Pilates to help improve your flexibility, increase relaxation, correct your posture, reduce stress, and tone your entire body. **Supplies:** Students will supply their own mat. **Attire:** Easy moving yoga style pants or tights; Loosely fitted top; Ballet flats or bare feet. **Instructor:** Teresa Wagner, ACE Certified Personal Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3350.032	15 and up	Tu Th	12/1-12/20	9:40am-10:40am	6	\$48/\$58
3350.033	15 and up	Tu Th	1/3-2/2	9:40am-10:40am	10	\$80/\$90
3350.034	15 and up	Tu Th	2/7-3/9	9:40am-10:40am	10	\$80/\$90
3350.035	15 and up	Tu Th	3/14-4/13	9:40am-10:40am	10	\$80/\$90

YOGA FOR GOLFERS WORKSHOP

Yogi Sienna Nania applies the basic principles of yoga, including flexibility, strength, conditioning, balance and focus to help improve your swing and overall fitness level. Take strokes off your score! Join us for this uniquely effective mind-body workshop.

Supplies: Students should a golf club. **Instructor:** Sienna Nania, Certified Yoga Instructor. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3350.010	18 and up	Sa	3/11	1:00pm-2:15pm	1	\$30/\$40

Did you know...

- Prolonged fear, anxiety, anger, grief and depression can raise stress hormones.
- Chronic elevated stress hormones can lead to health problems such as obesity and cardiovascular disease.
- Your thoughts are intimately connected to your feelings and physical health.
- Healthy perceptions of the world around you promote overall health and wellness.



STRESS REDUCTION WORKSHOP

Are you feeling overwhelmed with the demands of everyday living? Would you like to know healthy ways to reduce your daily stress? This workshop teaches you how your body and mind are affected by prolonged stress. It will provide you with ways to release tension so that you will have more balance and peace in your life. This workshop will conclude with showing you how to relax through meditation techniques such as deep breathing and guided imagery. You will leave feeling more empowered and confident to embrace life. **Instructor:** Cindy Baas, MA Psychology. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3350.011	18-70	Sa	12/3	9:00am-1:00pm	1	\$45/\$55
3350.036	18-70	Sa	1/14	9:00am-1:00pm	1	\$45/\$55
3350.012	18-70	Sa	2/11	9:00am-1:00pm	1	\$45/\$55
3350.013	18-70	Sa	3/18	9:00am-1:00pm	1	\$45/\$55

LEARN TO RELAX: MOVEMENT & MEDITATION

Learn to relax and pamper yourself! Certified Instructor Sienna Nania will lead the class in both ancient and modern art forms of relaxation. We will use yoga, meditation, Choi Kwang Do, Tai Chi, and biofeedback to discover a healthy state of relaxation. Each week the class will feature an enjoyable take home treat. Won't you join us? **Supplies:** \$6 to instructor on the first day of class for relaxation homework. Students will supply their own mat and a blanket or beach towel. **Attire:** Comfortable clothing. **Instructor:** Sienna Nania, Certified Yoga Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3350.009	18 and up	Tu	1/17-2/7	7:00pm-8:00pm	4	\$45/\$55

ADULTS – GENERAL INTEREST

BASIC DOG OBEDIENCE

This 7-week class is designed to teach dog owners how to train their dogs to become well-adjusted, well-behaved, happy members of the family. Owners and their dogs will be taught the following commands: "Heel", "Sit", "Stay", "Down", and "Come". Please do not bring your dog to the first class meeting (it will be a question and answer session with an overview of the course). Dogs must be over 14 weeks of age. No classes conducted on 12/22/05. **Supplies:** Dog owners must have proof of vaccination, a collar and 6' leather or nylon leash. **Attire:** Comfortable clothing and flat-heel shoes. **Instructor:** Gayle Guthman, Certified Dog Trainer. **Location:** First class meeting will be held at the Kennesaw Community Center. Remaining classes will be conducted in the parking lot on the south end of the soccer field at Adams Park (across from the Kennesaw Community Center).

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3360.014	18 and up	Th	12/1-1/19	7:00pm-8:00pm	7	\$84/\$99
3360.015	18 and up	Tu	2/7-3/21	7:00pm-8:00pm	7	\$84/\$99



THE PERFECT MATCH

This free seminar is designed to educate prospective dog owners on how to select the right breed for different lifestyles. Registration is required to attend. **Instructor:** Gayle Guthman, Certified Dog Trainer. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3360.013	All Ages	Tu	12/6	7:00pm-8:30pm	1	Free



BASIC AUTOMOTIVE FOR LADIES

Ladies take charge of your vehicle! Keep your cars running by understanding how to check your vehicle's fluids and tire pressure, replacing air filters, and changing a flat tire. Learn tricks on how to keep the service shop honest, and identifying potential problems before you become stranded. This is a beginner's class, and is not intended to teach mechanics. Participants will receive classroom training, followed by hands-on instruction using their own vehicle and owner's manual. Be prepared for a stress-free, fun learning experience. **Supplies:** Students will provide their own notepad, pen, and vehicle owner's manual. **Instructor:** William Bevins. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3360.001	18 and up	Sa	12/3	10:00am-1:00pm	1	\$25/\$35
3360.002	18 and up	Sa	1/7	10:00am-1:00pm	1	\$25/\$35
3360.003	18 and up	Sa	2/4	10:00am-1:00pm	1	\$25/\$35
3360.004	18 and up	Sa	3/4	10:00am-1:00pm	1	\$25/\$35



ADULTS – GENERAL INTEREST

COMPUTER BASICS

This class is where you would start if you are nervous about computers. This class will cover setting up a computer, turning it on, and using the mouse. We will discuss the parts of a computer in simple, basic terms. This class focuses on getting you comfortable with using a computer. **Instructor:** Holly French, Software Specialist. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3360.012	18 and up	Sa	1/21-1/28	10:00am-12:00pm	2	\$70/\$80



DIGITAL PICTURES 101

Digital cameras are a fun, convenient way to snap and store pictures, but if you don't know what to do with your pictures (or where to find them) once you get them onto your computer—this class is for you! Learn how to transfer/download your images and how to share them with others. Learn where to get a free copy of Adobe® PhotoShop® software to help organize and archive your pictures. **Instructor:** Holly French, Software Specialist. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3360.009	18 and up	Sa	1/28	12:30pm-2:30pm	1	\$35/\$45
3360.010	18 and up	Sa	2/11	12:30pm-2:30pm	1	\$35/\$45

CREATING NEWSLETTERS

Do you want to keep in touch more with your family, friends, employees or co-workers? Newsletters are an effective and easy way to communicate. In this class, you will learn the simplest techniques using Microsoft® Word, including layout and design options, how to add images, insert page borders, use "fancy" text, and finish with a professional looking document. **Instructor:** Holly French, Software Specialist. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3360.005	18 and up	Sa	12/3	12:30pm-2:30pm	1	\$35/\$45
3360.006	18 and up	Sa	3/11	12:30pm-2:30pm	1	\$35/\$45



EXCEL TIPS & TRICKS

Have you been using Microsoft® Excel for years, but still can't seem to do your work faster or more efficiently? Learn several amazing tips and tricks in Excel that can get you up to speed. This class will cover the top 5 commands, the 1-click approach to creating dazzling charts and graphs, an easier way to select cells (other than clicking and dragging), and much more! This is a great class for self-taught and experienced users. **Instructor:** Holly French, Software Specialist. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3360.007	18 and up	Sa	1/21	12:30pm-2:30pm	1	\$35/\$45
3360.008	18 and up	Sa	3/18	12:30pm-2:30pm	1	\$35/\$45

ADULTS – MUSIC & DRAMA

BEGINNING GUITAR

It's never too late to learn. Become proficient enough on the guitar so that you can play your favorite songs and perform for your friends and family. Basic skills will include proper right hand and left hand



techniques for chordal rhythm playing and single note playing. Students will learn to read basic music notation, tablature and chord charts. The ability to play with both pick and fingers will be developed. **Supplies:** Students must bring their own guitar (acoustic or electric); however musical materials will be supplied by the instructor. **Instructor:** Barry Edelson. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3370.001	21 and up	Tu	1/10-2/28	10:00am-11:00am	8	\$80/\$95

ADULTS – SPORTS

TENNIS FOR ADULTS – BEGINNER

Tennis is social, fun and challenging. Playing tennis can give you a stronger mind and body. Learn the basics from a USTA Certified Tennis Professional and experience for yourself what over 125,000 Georgians love about the sport. **Supplies:** Students will supply their own tennis racket. **Instructor:** Mark Kirk, USPTA and PTR Certified Instructor. **Location:** Adams Park Tennis Courts.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3380.006	16 and up	M	2/6-2/27	6:00pm-7:00pm	4	\$30/\$40
3380.007	16 and up	M	3/6-3/27	6:00pm-7:00pm	4	\$30/\$40



CARDIO TENNIS

Cardio Tennis is a fun, new, action packed group fitness class for men and women. Get a great workout during each high-energy session. Cardio Tennis is an excellent supplement (or alternative) to indoor aerobic workouts. Basic tennis stroke skills are required. No classes conducted on 1/16/06. **Supplies:** Students will supply their own tennis racket. **Instructor:** Noel Rackie, PTR Certified Instructor. **Location:** Adams Park Tennis Courts.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3380.001	18 and up	M	1/9-2/6	8:30am-9:30am	4	\$40/\$50



TENNIS: ADULT DOUBLES – DRILLS FOR LEAGUE PLAY

Intermediate and advanced level league players participate in drills designed to improve doubles play strategies and strokes. No classes conducted on 1/16/06 and 2/20/06. **Supplies:** Students will supply their own tennis racket. **Instructor:** Noel Rackie, PTR Certified Instructor. **Location:** Adams Park Tennis Courts.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3380.002	18 and up	M	1/9-2/6	9:30am-10:30am	4	\$40/\$50
3380.003	18 and up	M	2/13-3/13	9:30am-10:30am	4	\$40/\$50

TENNIS FOR SENIORS: LESSONS & DRILLS

Active older adults can continue to work on their tennis game with age specific drills. Beginning level seniors are encouraged to contact the instructor prior to registration. No classes conducted on 2/20/06. **Supplies:** Students will supply their own tennis racket. **Instructor:** Noel Rackie, PTR Certified Instructor. **Location:** Adams Park Tennis Courts.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3380.004	45 and up	M	2/13-3/13	10:30am-11:30am	4	\$35/\$45

TENNIS FOR SENIORS: ORGANIZED PLAY

Tennis is a great way to have fun outdoors while exercising your mind and body. A variety of games will be offered. Beginning level seniors are encouraged to contact the instructor prior to registration. No classes conducted on 2/20/06. **Supplies:** Students will supply their own tennis racket. **Instructor:** Noel Rackie, PTR Certified Instructor. **Location:** Adams Park Tennis Courts.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3380.005	45 and up	M	2/13-3/13	12:30pm-1:30pm	4	\$35/\$45



ONLINE REGISTRATION IS AVAILABLE!

Register online for your favorite activities anytime, day or night, from your home or office computer.

**It's fast, easy, convenient and it's free
(no online transaction fees).**

- Find the activities you want to register for in this Program Guide.
- Visit www.kennesaw-ga.gov/pkrec and click on the "Online Registration" link.
- Select your activities and click to register.
- Complete your registration, pay with a credit card, and receive an instant e-mail confirmation of your enrollment.

YOUTH – ARTS & CRAFTS

AFTER SCHOOL ART

Explore artistic talents and try new materials in this workshop that includes drawing, painting, basic sculpture, photography, mixed media, and use of everyday materials. **Supplies:** Instructor will provide materials at first session. Students will supply their own materials (based on individual participant's selection of projects). **Instructor:** Michael Connell. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.001	8 and up	Th	12/1-12/22	4:00pm-5:30pm	4	\$55/\$65
3220.002	8 and up	Th	1/19-2/9	4:00pm-5:30pm	4	\$55/\$65
3220.003	8 and up	Th	2/16-3/9	4:00pm-5:30pm	4	\$55/\$65
3220.004	8 and up	Th	3/16-4/6	4:00pm-5:30pm	4	\$55/\$65

KIDS HOLIDAY CRAFT WORKSHOP

Get into the spirit of the season! In this fun workshop, we will make festive Christmas, Hanukkah, and Kwanzaa crafts such as clay ornaments, holiday cards, placemats, and more. There will be music, light refreshments, and a special visit from the Ice Princess. **Supplies:** \$5 to instructor on day of workshop. Instructors: Phillis Bostar, Michael Connell, Dawn Hopper and Teresa Barnes. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.032	4-10	Sa	12/3	9:00am-12:00pm	1	\$25/\$35
3220.033	4-10	Sa	12/3	12:30pm-3:30pm	1	\$25/\$35



MIXED MEDIA FOR YOUTH AND TEENS

Explore your artistic talents and try something new. Discover drawing, painting, basic sculpture, photography, mixed media (everything at once!), and use of everyday materials. **Supplies:** Students supply their own. Materials are provided for first session, and a supply list will be determined based on individual student's preference or need. **Instructor:** Michael Connell. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.028	8 and up	Sa	1/21-2/11	9:30am-11:00am	4	\$55/\$65
3220.029	8 and up	Sa	2/18-3/11	9:30am-11:00am	4	\$55/\$65
3220.030	8 and up	Sa	3/18-4/8	9:30am-11:00am	4	\$55/\$65

ART & SCIENCE COMBINED

Curiosity meets creativity! Students will perform experiments, make observations, and express their artistry. Sample projects include building an abacus and learning how to use it, making a potato clock and learning why it works, drawing fly legs, collecting bugs and rocks, and baking a rainbow cake. Excellent class for homeschoolers! **Instructor:** Phillis Bostar. **Location:** Kennesaw Community Center.



Michael Wood

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.009	5-10	Th	12/1-12/22	3:30pm-4:30pm	4	\$60/\$70
3220.010	5-10	Th	1/5-1/26	3:30pm-4:30pm	4	\$60/\$70
3220.011	5-10	Th	2/2-2/23	3:30pm-4:30pm	4	\$60/\$70
3220.012	5-10	Th	3/2-3/23	3:30pm-4:30pm	4	\$60/\$70
3220.013	5-10	Th	3/30-4/20	3:30pm-4:30pm	4	\$60/\$70

KIDS ARTS & CRAFTS

Learn to draw, paint, cut and decorate, and work with clay and glue in this fun and imaginative class. Excellent class for homeschoolers! No classes conducted on 12/24/05 and 12/31/05. **Instructor:** Phillis Bostar. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.005	4-8	Sa	12/10-1/14	10:00am-11:00am	4	\$50/\$60
3220.006	4-8	Sa	1/21-2/11	10:00am-11:00am	4	\$50/\$60
3220.007	4-8	Sa	2/18-3/11	10:00am-11:00am	4	\$50/\$60
3220.008	4-8	Sa	3/18-4/8	10:00am-11:00am	4	\$50/\$60

CREATIVE HISTORY

Do you wish your history lessons were more exciting and memorable? Examples of Creative History projects include learning about Egypt and making "Ancient Egyptian Papyrus" paper, discovering Native American cultures and making pottery, and understanding how the early Americans lived and making soap. Each week students will travel back to another place and time, and will create a sample "relic" to bring back to the future. Excellent class for homeschoolers! No classes conducted on 12/26/05 and 1/2/06. **Instructor:** Phillis Bostar. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.018	5-10	M	12/5-1/9	3:30pm-4:30pm	4	\$60/\$70
3220.019	5-10	M	1/23-2/13	3:30pm-4:30pm	4	\$60/\$70
3220.020	5-10	M	2/27-3/20	3:30pm-4:30pm	4	\$60/\$70
3220.021	5-10	M	3/27-4/17	3:30pm-4:30pm	4	\$60/\$70

YOUTH – ARTS & CRAFTS

YOUNG REMBRANDTS: HISTORICAL GIRL CAMP

Here's your chance to draw a variety of girl dolls in many different costumes and accessories from different periods in time. We will learn to draw the basic doll figure. Then we will place this doll figure in several varying time periods. Our dolls will each have coordinating outfits that fit the scene. The final day will consist of many historical dolls together in a large scene. Pencils, color pencils, markers and sharpies will be used. **Instructor:** Young Rembrandts. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.031	5-12	Tu-Th	1/3-1/5	10:00am-11:30am	3	\$55/\$65

DRAWING ON TALENT

Looking to develop your drawing skills in a fun and casual environment? Students will learn shading techniques, composition, and how to use colored pencils. See how a simple sketch can evolve into a dazzling work of art. The instructor is an award winning colored pencil artist with many years of experience teaching art to children and adults. No classes conducted on 12/24/05 and 12/31/05. **Supplies:** Students will supply their own 11x14 drawing pad, 2B 2H 4B 4H graphite pencils (1 each), 1 package of 24 Prisma or Crayola colored pencils, 1 white plastic eraser. **Instructor:** Phillis Bostar. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.014	10-18	Sa	12/10-1/14	11:00am-12:30pm	4	\$75/\$85
3220.015	10-18	Sa	1/21-2/11	11:00am-12:30pm	4	\$75/\$85
3220.016	10-18	Sa	2/18-3/11	11:00am-12:30pm	4	\$75/\$85
3220.017	10-18	Sa	3/18-4/8	11:00am-12:30pm	4	\$75/\$85



YOUNG REMBRANDTS: PRESCHOOL DRAWING

Preschoolers are so eager to learn, and a joy to teach. Young Rembrandts instructors provide a positive, nurturing environment for your child. We talk about subject matter as we learn to draw, concentrating on skills of drawing and coloring. Students also develop fine motor skills while they focus, listen, and stay on task. **Instructor:** Young Rembrandts. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.022	3 1/2-5	Th	12/1-12/22	9:30am-10:15am	4	\$44/\$54
3220.023	3 1/2-5	Th	1/19-2/9	9:30am-10:15am	4	\$44/\$54
3220.024	3 1/2-5	Th	2/23-3/16	9:30am-10:15am	4	\$44/\$54

YOUNG REMBRANDTS: ELEMENTARY DRAWING

Let's get ready to draw amazing things together! Innovative step-by-step drawing methods can teach any child how to draw and give them skills to express their creativity that will last a lifetime. Brand new subject matter will be introduced each week, with all new lessons every session. No classes on 12/27/05. **Instructor:** Young Rembrandts. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3220.025	5-12	Tu	12/6-1/3	3:30pm-4:30pm	4	\$44/\$54
3220.026	5-12	Tu	1/17-2/21	3:30pm-4:30pm	6	\$66/\$81
3220.027	5-12	Tu	3/7-3/28	3:30pm-4:30pm	4	\$44/\$54

YOUTH – CERAMICS



CLAY FOR KIDS

Molding with clay is fun! Learn hand building and sculpting techniques using coil, pinch and slab methods. **Supplies:** \$15 to instructor on first day of class for clay, firing and glaze. **Attire:** Wear play clothes (you will get dirty). **Instructor:** Patty Caldwell, MFA Georgia State University; BFA Texas A&M University. **Location:** Community House/Pottery Barn.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3230.001	5-12	Tu	1/24-2/14	5:00pm-6:00pm	4	\$45/\$55
3230.003	5-12	Tu	2/21-3/14	5:00pm-6:00pm	4	\$45/\$55
3230.005	5-12	Tu	3/28-4/18	5:00pm-6:00pm	4	\$45/\$55
3230.002	5-12	W	1/25-2/15	3:30pm-4:30pm	4	\$45/\$55
3230.004	5-12	W	2/22-3/15	3:30pm-4:30pm	4	\$45/\$55
3230.006	5-12	W	3/29-4/19	3:30pm-4:30pm	4	\$45/\$55

YOUTH – DANCE & MOVEMENT

DANCE PROGRAM

The Kennesaw Parks & Recreation Department offers a wide variety of dance disciplines and related movement classes for children. All classes are age appropriate and are based on the developmental needs of each student. Our dance studios are first-class, and our primary instructor, Donna Kalish, is a fully qualified professional, possessing many years of teaching and performing experience.

Why should your child participate in dance classes?

There are many benefits, including the opportunity for exploration, self discovery and expression. Dancing encourages mental and social development, as well as improves overall physical health.

Dance classes are offered throughout the year so that young students can take time to achieve mastery over their chosen dance form. Students enrolled in Spring and Winter session classes have the opportunity to participate in public performances in May and January.



PRE-BALLET/GYM

This is an introductory level class for young tots. Classes will include simplified ballet movement, exercises and games designed to develop a sense of rhythm, confidence, and coordination. No classes conducted on 11/25/05, 12/26/05, 12/27/05, 12/31/05, 1/2/06, 1/16/06, 2/20/06, 3/20/06, 3/21/06, 3/24/06 and 4/14/06. **Attire:** Solid color dance leotards and tights; Pink ballet shoes for girls; Black ballet shoes for boys. **Instructor:** Donna Kalish. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3240.001	3-5	M	11/7-1/30	5:00pm-6:00pm	10	\$71/\$86
3240.002	3-5	M	11/7-1/30	6:00pm-7:00pm	10	\$71/\$86
3240.009	3-5	M	2/6-4/24	5:00pm-6:00pm	10	\$71/\$86
3240.010	3-5	M	2/6-4/24	6:00pm-7:00pm	10	\$71/\$86
3240.003	3-5	Tu	11/8-1/17	12:00pm-1:00pm	10	\$71/\$86
3240.004	3-5	Tu	11/8-1/17	6:00pm-7:00pm	10	\$71/\$86
3240.006	3-5	Tu	1/24-4/4	12:00pm-1:00pm	10	\$71/\$86
3240.007	3-5	Tu	1/24-4/4	6:00pm-7:00pm	10	\$71/\$86
3240.005	3-5	F	11/11-1/27	12:00pm-1:00pm	10	\$71/\$86
3240.008	3-5	F	2/3-4/21	12:00pm-1:00pm	10	\$71/\$86

PRE-JAZZ/GYM

Pre-Jazz/Gym class is a fun way to learn basic jazz dance movements. Students will have fun dancing while they practice rhythm, music and body coordination. No classes conducted on 11/25/05, 12/31/05, 3/24/06 and 4/14/06. **Attire:** Dance leotards or comfortable clothing (shorts, sweats or stretch); Jazz shoes. **Instructor:** Donna Kalish. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3240.017	5-10	F	11/11-1/27	5:00pm-6:00pm	10	\$71/\$86
3240.018	5-10	F	2/3-4/21	5:00pm-6:00pm	10	\$71/\$86

BALLET/TAP

This class combines basic tap and ballet dance movements, with a focus on rhythm, coordination, concentration and fun. The session will conclude with a recital for all interested students. No classes conducted on 11/25/05, 12/27/05, 12/30/05, 3/21/06, 3/24/06 and 4/14/06. **Attire:** Dance leotards or comfortable clothing (shorts, sweats or stretch); Ballet shoes; Tan or black tap shoes. **Instructor:** Donna Kalish. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3240.011	5-8	Tu	11/8-1/17	5:00pm-6:00pm	10	\$71/\$86
3240.013	5-8	Tu	1/24-4/4	5:00pm-6:00pm	10	\$71/\$86
3240.012	5-8	F	11/11-1/27	4:00pm-5:00pm	10	\$71/\$86
3240.014	5-8	F	2/3-4/21	4:00pm-5:00pm	10	\$71/\$86

RHYTHM "N" FUN – MOMMY & ME

Together with your child, build basic fundamentals through movement and music. This resourceful and exciting learning environment combines creative movement, free dance, singing and arts & crafts. No classes conducted on 12/28/05 and 3/22/06. **Attire:**

Comfortable stretch clothing for adults; Pink ballet shoes, pink tights, and a dance leotard for girls; Black ballet shoes, white t-shirt, and black shorts for boys. **Instructor:** Donna Kalish. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3240.015	2 1/2-4	W	11/9-1/18	12:00pm-12:45pm	10	\$71/\$86
3240.016	2 1/2-4	W	1/25-4/5	12:00pm-12:45pm	10	\$71/\$86



YOUTH – DANCE & MOVEMENT

BEGINNING TAP

Tapping is fun. It's also great exercise, builds self-confidence, improves body coordination, and can help establish a happy and health lifetime passion. No classes conducted on 11/24/05, 12/29/05 and 3/23/06. **Attire:** Dance leotards or comfortable clothing (shorts, sweats or stretch); Tan or black tap shoes. **Instructor:** Donna Kalish. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3240.023	5-9	Th	11/10-1/26	4:30pm-5:30pm	10	\$71/\$86
3240.024	5-9	Th	2/2-4/13	4:30pm-5:30pm	10	\$71/\$86

BEGINNING BALLET

Designed for the serious dance student. Learn ballet dance movements and positions, terminology and history while developing coordination, flexibility, rhythm, self-confidence and performance skills. Students will also learn about one renowned classical ballet. No classes conducted on 11/24/05, 12/29/05 and 3/23/06.

Attire: Dance leotards and pink ballet shoes for girls; White t-shirt, black jazz pants and black shoes for boys. **Instructor:** Donna Kalish. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3240.021	6-11	Th	11/10-1/26	5:30pm-6:30pm	10	\$71/\$86
3240.022	6-11	Th	2/2-4/13	5:30pm-6:30pm	10	\$71/\$86

JAZZ/HIP-HOP

Learn coordination and discover your sense of rhythm from an experienced dance instructor. Classes will begin with warm-ups, and lead into a combination of Jazz and Hip-Hop techniques. No classes conducted on 11/24/05, 12/29/05 and 3/23/06.

Attire: Dance leotards or comfortable clothing (shorts, sweats or stretch); Jazz shoes. **Instructor:** Donna Kalish.

Location: Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3240.019	7-11	Th	11/10-1/26	6:30pm-7:30pm	10	\$71/\$86
3240.020	7-11	Th	2/2-4/13	6:30pm-7:30pm	10	\$71/\$86

JUNIOR DANCE COMPANY

The Junior Dance Company is designed for the more committed student who wishes to represent the Kennesaw Parks & Recreation Department at competitions and community events. This class will serve as a rehearsal for public performances. Students must be between the ages of 7-12, and have registered for one other dance class. No auditions required. No classes conducted on 11/25/05 and 12/30/05. **Instructor:** Donna Kalish.

Location: Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3240.025	7-12	F	11/11-1/27	6:00pm-7:00pm	10	\$71/\$86

YOUTH – FITNESS & HEALTH

GYMNASTICS PROGRAM

The Kennesaw Parks & Recreation Department offers a variety of instructional gymnastics classes throughout the year. Our first-class, air conditioned facility and friendly staff provides a safe and fun environment for children ages 2 and up. Sessions are generally 6 weeks in length. Year-round participation is encouraged, but not required.

Gymnastics build confidence, improves self esteem, and promotes hard work and self-discipline. Come and flip, twist, bounce, roll and play!

GYMNASTICS FOR TOTS – CAREGIVER AND ME

This class is designed to help you and your tot bond while having fun exercising. It will help your tot begin a LIFE OF FITNESS. Your tot will learn basic gymnastics while working on coordination, listening skills and motor skills. No classes conducted on 2/20/06, 3/20/06, 3/21/06, 3/23/06 and 3/25/06. **Attire:** Leotard or t-shirt and shorts for girls; T-shirt and shorts for boys. **Instructor:** Lori Cooley and Assistants. **Location:** Kennesaw Community Center.



Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.004	2-3	M	1/23-3/6	9:30am-10:00am	6	\$36/\$51
3250.006	3-3	M	1/23-3/6	10:00am-10:30am	6	\$36/\$51
3250.005	2-3	M	3/13-4/24	9:30am-10:00am	6	\$36/\$51
3250.007	3-3	M	3/13-4/24	10:00am-10:30am	6	\$36/\$51

3250.008	2-3	Tu	1/10-2/14	10:00am-10:30am	6	\$36/\$51
3250.009	2-3	Tu	2/21-4/4	10:00am-10:30am	6	\$36/\$51
3250.010	2-3	Th	1/12-2/16	4:30pm-5:00pm	6	\$36/\$51
3250.011	2-3	Th	2/23-4/6	4:30pm-5:00pm	6	\$36/\$51
3250.012	2-3	Sa	1/14-2/18	9:30am-10:00am	6	\$36/\$51
3250.013	2-3	Sa	2/25-4/8	9:30am-10:00am	6	\$36/\$51

GYMNASTICS FOR TOTS – MINI GYM MONKEYS

This class is designed for 3 and 4 year olds with good listening skills. Tots will learn basic gymnastic skills, motor skills, and social skills without the caregiver being directly involved.

Caregivers are asked to provide assistance, as needed. No classes conducted on 2/20/06, 3/20/06, 3/21/06, 3/23/06 and 3/25/06. **Attire:** Leotard or t-shirt and shorts for girls; T-shirt and shorts for boys. **Instructor:** Lori Cooley and Assistants. **Location:** Kennesaw Community Center.



Scott Housley

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.014	3-4	M	1/23-3/6	10:30am-11:00am	6	\$36/\$51
3250.015	3-4	M	3/13-4/24	10:30am-11:00am	6	\$36/\$51
3250.016	3-4	Tu	1/10-2/14	10:30am-11:00am	6	\$36/\$51
3250.017	3-4	Tu	2/21-4/4	10:30am-11:00am	6	\$36/\$51
3250.018	3-4	Th	1/12-2/16	5:00pm-5:30pm	6	\$36/\$51
3250.019	3-4	Th	2/23-4/6	5:00pm-5:30pm	6	\$36/\$51
3250.020	3-4	Sa	1/14-2/18	10:00am-10:30am	6	\$36/\$51
3250.021	3-4	Sa	2/25-4/8	10:00am-10:30am	6	\$36/\$51

YOUTH – FITNESS & HEALTH

GYMNASTICS – TUMBLE MONKEYS 1

With an emphasis on fun and fitness, this beginner's level gymnastics class teaches basic skills on all apparatus while improving coordination, self-esteem and body awareness. No classes conducted on 2/20/06, 3/20/06, 3/21/06, 3/23/06 and 3/25/06. **Attire:** Leotard or t-shirt and shorts for girls; T-shirt and shorts for boys. **Instructor:** Lori Cooley and Assistants. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.022	4-6	M	1/23-3/6	1:45pm-2:30pm	6	\$42/\$57
3250.024	4-9	M	1/23-3/6	3:15pm-4:00pm	6	\$42/\$57
3250.023	4-6	M	3/13-4/24	1:45pm-2:30pm	6	\$42/\$57
3250.025	4-9	M	3/13-4/24	3:15pm-4:00pm	6	\$42/\$57
3250.026	4-6	Tu	1/10-2/14	3:15pm-4:00pm	6	\$42/\$57
3250.027	4-6	Tu	2/21-4/4	3:15pm-4:00pm	6	\$42/\$57
3250.028	4-9	Th	1/12-2/16	5:30pm-6:15pm	6	\$42/\$57
3250.029	4-9	Th	2/23-4/6	5:30pm-6:15pm	6	\$42/\$57
3250.030	4-9	Sa	1/14-2/18	10:30am-11:15am	6	\$42/\$57
3250.031	4-9	Sa	2/25-4/8	10:30am-11:15am	6	\$42/\$57



GYMNASTICS – TUMBLE MONKEYS 2

This is an advanced-beginners/intermediate level gymnastics class designed for students who have already completed Tumble Monkeys 1. No classes conducted on 2/20/06, 3/20/06, 3/21/06, 3/23/06 and 3/25/06. **Attire:** Leotard or t-shirt and shorts for girls; T-shirt and shorts for boys. **Instructor:** Lori Cooley and Assistants. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.032	7-11	M	1/23-3/6	4:00pm-5:00pm	6	\$45/\$60
3250.033	7-11	M	3/13-4/24	4:00pm-5:00pm	6	\$45/\$60
3250.034	6 and up	Tu	1/10-2/14	4:00pm-4:45pm	6	\$42/\$57
3250.035	6 and up	Tu	2/21-4/4	4:00pm-4:45pm	6	\$42/\$57
3250.036	6 and up	Th	1/12-2/16	6:15pm-7:00pm	6	\$42/\$57
3250.037	6 and up	Th	2/23-4/6	6:15pm-7:00pm	6	\$42/\$57
3250.038	6 and up	Sa	1/14-2/18	11:15am-12:00pm	6	\$42/\$57
3250.039	6 and up	Sa	2/25-4/8	11:15am-12:00pm	6	\$42/\$57

GYMNASTICS – KIDS NIGHT OUT

Kids Night Out is designed to give parents a chance to have a night out, without the worry of child-care. Boys and girls ages 3 to 12 (must be potty trained) are invited for a night of gymnastics fun, games and food! \$10 discount for each additional family member. **Supplies:** Participants should bring their own water bottle. **Attire:** Comfortable clothing. **Instructor:** Lori Cooley and Assistants. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.040	3-12	F	12/9	6:00pm-10:00pm	1	\$20/\$30
3250.041	3-12	F	2/10	6:00pm-10:00pm	1	\$20/\$30

GYMNASTICS WINTER BREAK CAMP

Campers will be exposed to a full range of gymnastics, fitness games, exercise, tumbling, movement and loads of fun. Come and flip, twist, bounce, roll and play! Gymnastics Camp is open to boys and girls ages 6-12. If you are interested in only one or two days, fee is only \$25 per day (walk-in registration only). **Attire:** Leotards or comfortable clothing (shorts, sweats or stretch). **Instructor:** Lori Cooley and Assistants. **Location:** Kennesaw Community Center.



Scott Housley

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3290.001	6-12	M-W	11/21-11/23	9:00am-12:00pm	3	\$60/\$70
3290.002	6-12	Tu-F	1/3-1/6	9:00am-12:00pm	4	\$70/\$80

GYMNASTICS BIRTHDAY PARTY

Attention parents! Celebrate your child's next birthday at the Kennesaw Community Center with a Gymnastics Birthday Party. Only \$125 for up to 12 children (\$10 for each additional child). 1 1/2 hour party/ages 3 and up. For the first hour, an enthusiastic gymnastics instructor will lead children through fun activities including an obstacle course, parachute games, tumbling, vaulting, and bar work. After the activities, participants will have 30 minutes for refreshments and gift exchange. Fee includes the facility, fun and instruction. Parents provide their own refreshments (no ice cream; clear beverages only). Our Gymnastics Birthday Party package is one you'll be sure to "flip" over. Online Registration not available. Please use Activity Code 3250.003 and be sure to indicate the date, time and number of children attending on the Registration Form. **Choose from one of the following Saturday time slots:**



• 12:30pm–2:00pm • 2:30pm–4:00pm • 4:30pm–6:00pm

YOUTH – FITNESS & HEALTH

KIDS YOGA CLUB

Hey kids! Did you know that professional ball players, cheerleaders, and dancers train in yoga to gain strength, focus, and flexibility? Kids also use yoga to help focus in sports and school. Together we will use our imaginations to become lions, cobras, and butterflies. Let's see who can out stretch the Yogi! **Supplies:** Students will supply their own mat. **Attire:** Comfortable clothing. **Instructor:** Sienna Nania, Certified Yoga Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.001	5-12	Sa	1/14-2/4	9:30am-10:15am	4	\$45/\$55
3250.002	5-12	Sa	2/11-3/4	9:30am-10:15am	4	\$45/\$55

CHEER AMERICA CHEERLEADING

This is an exciting cheerleading program for children. Make friends and have fun while you learn choreographed Pom Pom and cheerleading routines designed to improve coordination, physical fitness, flexibility, and improve the abilities



to work with others. You will also learn the most popular high school and college cheers, work on jumps, leaps, splits, and many other skills. A cheer trophy will be awarded to each student at the completion of the class. **Supplies:** Pair of color show pom poms (available for purchase during first two weeks of class for \$20, payable to instructor). **Instructor:** Luanne Knappen. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.044	4-14	Tu	1/14-3/14	6:00pm-6:45pm	8	\$90/\$105

SELF DEFENSE & PERSONAL SAFETY – BEGINNERS

Designed exclusively for kids, this beginner's class will provide students with the skills they need to protect themselves from dangerous predators. Learn the most advanced tactics for self defense and the common lures used



by strangers to attract children. This class is taught by a certified black belt and child safety instructor in a fun, interactive and safe environment. New students will receive a FREE UNIFORM and earn a yellow belt for their participation. Returning students will earn higher belts. No classes conducted on 2/20/06 and 3/20/06. **Instructor:** Erik Knappen. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.042	5-14	M	1/23-4/17	6:00pm-6:45pm	11	\$99/\$114

SELF DEFENSE & PERSONAL SAFETY – INTERMEDIATE/ADVANCED

Designed exclusively for kids, this class will provide students with the skills they need to protect themselves from dangerous predators. Learn the most advanced tactics for self defense and the common lures used by strangers to attract children. This class is taught by a certified black belt and child safety instructor in a fun, interactive and safe environment. \$30 discount for each additional family member. No classes conducted on 2/20/06 and 3/20/06. **Instructor:** Erik Knappen. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3250.043	5-14	M	1/23-4/17	6:45pm-7:30pm	11	\$99/\$114

YOUTH – SPORTS

FUTURE STARS: T-BALL

This 8-week class is designed to teach the basic skills of baseball in a fun, recreational and non-competitive environment. Participants will receive a Future Stars t-shirt upon completion of the class. **Supplies:** Students will supply their own baseball glove and water. **Attire:** Athletic apparel; Tennis shoes. **Instructor:** Brandon Smith. **Location:** Adams Park Baseball Field 4.

Activity Code	Ages	Day(s)	Date(s)	Time	Sessions	Fee (Res/Non-Res)
3280.001	3-5	Th	12/8-1/26	10:00am-10:45am	8	\$90/\$105
3280.002	3-5	Th	12/8-1/26	11:00am-11:45am	8	\$90/\$105
3280.003	3-5	Th	2/2-3/23	10:00am-10:45am	8	\$90/\$105
3280.004	3-5	Th	2/2-3/23	11:00am-11:45am	8	\$90/\$105



YOUTH – SPORTS

LITTLE ROOKIES SOCCER & T-BALL



Designed for children ages 3-4, Little Rookies Soccer & T-Ball introduces participants to both sports. This is a non-competitive class with a focus on fun and good sportsmanship. First 4 weeks is soccer. Second 4 weeks is T-Ball. Participants will learn fundamentals, and will

receive a Little Rookies t-shirt upon class completion. No classes conducted on 4/4/06. **Attire:** Athletic apparel; Tennis shoes.

Instructor: The Next Level Training. **Location:** Adams Park Baseball Field 4.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3280.005	3-4	Tu	3/14-5/9	10:00am-10:45am	8	\$90/\$105

TENNIS FOR CHILDREN – BEGINNER

Tennis is a fun sport that can be played by anyone for pure enjoyment. Students in this class will learn beginning skills and practice drills.

This class is designed for beginners. **Supplies:**

Students will supply their own tennis racket. **Instructor:**

Mark Kirk, USPTA and PTR Certified Instructor. **Location:**

Adams Park Tennis Courts.



Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3280.006	6-10	M	2/6-2/27	5:00pm-6:00pm	4	\$30/\$40
3280.007	6-10	M	3/6-3/27	5:00pm-6:00pm	4	\$30/\$40
3280.008	6-10	W	2/1-2/22	4:30pm-5:30pm	4	\$30/\$40
3280.009	6-10	W	3/1-3/22	4:30pm-5:30pm	4	\$30/\$40

YOUTH – MUSIC & DRAMA

DRAMA PRODUCTION

Become part of the "Kennesaw Young Actors Ensemble"! Students will present a production for the public based on their work in the class. Improve creativity, spontaneity, collaboration, and performance skills. We will do scene studies and fun improvisations. You must be willing to learn lines... and have fun! No classes conducted on 12/24/05, 12/31/05 and 1/7/06.

Supplies: \$25 to instructor on first day of class for production expenses. Students will supply their own notebook and pencil.

Attire: Loose comfortable clothing for warm-ups. No skirts.

Instructor: Linda Aronoff. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3270.001	8-11	Sa	12/3-3/25	11:00am-12:30pm	14	\$140/\$150
3270.002	10-14	Sa	12/3-3/25	1:00pm-2:30pm	14	\$140/\$150



MUSIC TOGETHER

Music Together is a Princeton-based, highly acclaimed, national and international early childhood music and movement program. Designed for children and their parents/caregivers, this class will nurture your child's natural enthusiasm for music and movement.

We will sing songs, dance, do rhythmic chants, play developmentally appropriate musical instruments, and do rhythmic activities with balls, hula hoops, scarves, etc. A beautifully illustrated song-



book, parent education materials, and outstanding CDs of the rich variety of music covered in the class are included with your registration fee - so that you can do it at home, too!



\$75 discount for each additional family member. Children under 8 months come free with registered sibling. **Instructor:** Adrienne Korn. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3270.003	0-5	Tu	1/3-3/7	9:30am-10:15am	10	\$150/\$165
3270.004	0-5	Tu	1/3-3/7	10:30am-11:15am	10	\$150/\$165
3270.005	0-5	Tu	1/3-3/7	4:00pm-4:45pm	10	\$150/\$165

YOUTH – GENERAL INTEREST

EASY TO LEARN MAGIC TRICKS



Learn to perform magic tricks with coins, rubber bands, cards and more. Amaze and astound your friends and family. The instructor has over 25 years of experience as a music disc jockey, comedy magician, emcee, and trivia host, and has owned and operated his own magic shop and theater. No classes conducted on 12/24/05. **Instructor:** "Magic Jeff" (Jeff Wasley). **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.010	6-15	Sa	12/3-12/31	10:00am-11:00am	4	\$60/\$70
3260.011	6-15	Sa	2/4-2/25	10:00am-11:00am	4	\$60/\$70

KIDS-N-K9'S

This is a condensed dog obedience class for junior handlers. Breed specific traits will be discussed, safety issues will be covered, and three basic obedience commands: "Heel", "Sit" and "Down" will be taught. Dogs must be over 14 weeks of age. Parent or guardian must also be present. **Supplies:** Dog owners must have proof of vaccination, a collar and 6' leash. **Attire:** Comfortable clothing and flat-heel shoes. **Instructor:** Gayle Guthman, Certified Dog Trainer. **Location:** Classes will be conducted in the parking lot on the south end of the soccer field at Adams Park (across from the Kennesaw Community Center).

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.015	9-12	Th	3/2-3/16	6:30pm-7:30pm	3	\$30/\$40



BABYSITTERS TRAINING COURSE

Be a prepared babysitter. Find out what you need to know and what every parent wants in a responsible babysitter. This American Red Cross course can help you interview for a babysitting job, select safe/age appropriate toys, and perform basic first aid and rescue breathing. Learn diapering and feeding techniques, how to handle bedtime issues, etc. **Supplies:** \$30 to instructor two weeks before class (for babysitters training card, handbook, first aid kit, etc.); Students will supply their own lunch. **Attire:** Comfortable clothing. **Instructor:** Lisa Thibodeaux. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.003	10-15	Sa	1/14	9:00am-3:00pm	1	\$34/\$44
3260.004	10-15	Sa	3/11	9:00am-3:00pm	1	\$34/\$44



MODERN MANNERS FOR CHILDREN

Modern Manners for Children® is an activity-filled program for teaching etiquette to children. The program fosters children's growth through age-appropriate, play-nourished activities that build self-esteem. The activities focus on teaching young children to be courteous and respectful.

- Part I: The ABCs of Meeting, Greeting, and Saying Goodbye
- Part II: Little Things We Say and Do
- Part III: 1, 2, 3, Let's Eat!

This 3-day program is geared for children ages 4 to 7. Each class is 90 minutes in duration. The instructor has received training and certification to teach this course through The Protocol School of Washington. **Instructor:** Susan Walsh. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.001	4-7	Sa	2/4-2/18	9:30am-11:00am	3	\$45/\$55
3260.002	4-7	Sa	2/4-2/18	12:30pm-2:00pm	3	\$45/\$55

YOUTH – GENERAL INTEREST

BUILD YOUR OWN WEB PAGE

This class is designed for kids who are very comfortable on a computer and want to create their own web page. We will be using software designed specifically for kids in a learning environment. We will also discuss the choices available to post their web page, including free web-hosting suggestions. Each student will end the class with a usable web page. You will also have the choice to purchase this educational software so that your kids can keep designing web pages forever! **Instructor:** Holly French, Software Specialist. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.013	8 and up	F	1/13-1/27	4:00pm-6:00pm	3	\$100/\$110
3260.014	8 and up	F	3/3-3/17	4:00pm-6:00pm	3	\$100/\$110



POWERPOINT TRICKS

Designed for kids who already know how to use Microsoft® PowerPoint, this class will teach students how to create their own backgrounds, and play with pictures, movies, music and sounds clips to make presentations look cool. We will have fun with graphics and animation, and even "take apart" a grouped picture so that we can manipulate different parts of it separately. This class will also cover basic presentation skills. **Instructor:** Holly French, Software Specialist. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.012	8 and up	W	2/8-2/22	4:00pm-6:00pm	3	\$100/\$110



BABY SIGNS PARENT WORKSHOP

Talk with your baby before you baby can talk. This workshop designed to educate expectant parents, and those with children from birth to 24 months about the benefits of the Baby Signs® Program. The program teaches



sign language for babies

babies to use simple, easy-to-do gestures for communicating with their parents and caregivers. Workshop participants will be provided with the knowledge and strategies they need to begin teaching their children

to use signs. **Supplies:** Workshop participants will receive the Baby Signs Parent Kit, which includes an instruction guide on how to get started, a welcome DVD with real life demonstrations, a sampler DVD, a glossary with 86 of the most popular signs, and Baby Signs bookmarks to be used with favorite books.

Instructor: Summer Adams, Baby Signs Independent Certified Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.006	18 and up	M	1/9	6:00pm-7:30pm	1	\$50/\$60
3260.007	18 and up	Tu	3/14	6:30pm-8:00pm	1	\$50/\$60
3260.005	18 and up	Sa	12/10	2:00pm-3:30pm	1	\$50/\$60

BABY SIGNS – SIGN, SAY & PLAY

Designed especially for parents and their babies, these wiggly, giggle classes allow babies to learn and practice signs with BeeBo—the Baby Signs Bear, enjoy parachute

time with bubbles, and so much more!

Fun games, songs and activities highlight important developmental skills. Enjoy easy ways to learn and practice signs and fun activities that stimulate growth in

your baby's motor skills, cognitive development, and social and emotional development. **Supplies:** \$60 to instructor on first day of class includes BeeBo Play Pack, My First Fun Signs DVD, My First Fun Signs Board Book, More Fun Signs Board Book, Quick Reference Guide, and Music CD and Songbook.

Instructor: Summer Adams, Baby Signs Independent Certified Instructor. **Location:** Kennesaw Community Center.

Activity Code	Ages	Day(s)	Date(s)	Time	Ses-sions	Fee (Res/Non-Res)
3260.008	6mo-2	W	12/7-1/11	10:30am-11:15am	6	\$65/\$80
3260.009	6mo-2	F	2/10-3/17	10:30am-11:15am	6	\$65/\$80



A Baby Signs® Program



REGISTRATION FORM

REGISTRATION DEADLINE:

Registration is accepted on a first come, first serve basis until the maximum number is reached or seven days prior to the first activity date, unless otherwise stated.

Mail or drop-off your completed registration form and payment to:

City of Kennesaw
Parks & Recreation Department
2753 Watts Drive
Kennesaw, Georgia 30144

If paying by credit card, you can also fax your completed registration form to us at (678) 460-3373.

Questions? Call (770) 422-9714 or visit us online at www.kennesaw-ga.gov/pkrec.

Participant Name _____ Gender ☐ Male ☐ Female
Home Address _____ City _____ State _____ Zip _____
Home Phone _____ Work Phone _____ Cell Phone _____
E-Mail Address _____ Date of Birth ____/____/____
Name of School (if attending) _____
Emergency Contact #1 (adult name & phone required) _____
Emergency Contact #2 (adult name & phone required) _____
List any allergies, medical conditions, chronic or recurring illnesses, and medications that we may need to know about.

	Title of Class or Camp	Activity Code	Start Date	Time	Fee**
1.	_____	_____	_____	_____	\$ _____
2.	_____	_____	_____	_____	\$ _____
3.	_____	_____	_____	_____	\$ _____
4.	_____	_____	_____	_____	\$ _____
5.	_____	_____	_____	_____	\$ _____
6.	_____	_____	_____	_____	\$ _____
7.	_____	_____	_____	_____	\$ _____
8.	_____	_____	_____	_____	\$ _____
9.	_____	_____	_____	_____	\$ _____
10.	_____	_____	_____	_____	\$ _____
Total Amount Due					\$ _____

** You are considered a City resident if you live within the incorporated city limits of Kennesaw and receive a garbage bill from the City of Kennesaw.

You are considered a Non-Resident if you live outside the city limits of Kennesaw. A Kennesaw postal address does not, in itself, determine residency.

Method of Payment:

☐ Cash ☐ Check attached (made payable to the "City of Kennesaw")

☐ Visa® ☐ MasterCard® ☐ American Express® Today's Date: _____

Credit Card Number _____ - _____ - _____ - _____ Exp. Date: _____

Signature authorizing charge to above number _____

Waiver of Liability

I, the undersigned, understand and acknowledge that participation in a class, day camp or activity can be hazardous, and I hereby assume all risk while participating. I, and anyone entitled to act on my behalf, waive and release the City of Kennesaw, its agents, employees, officers, officials and sponsors from all rights and claims for any personal injury, death, or property damage suffered by me, my child, or that I cause to others, as a result of my participation in this class, day camp or activity.

I, the undersigned, agree, without any right of payment or editing, to allow the City of Kennesaw to use the images of me and/or my children, including reproductions of photos, video, audio or other reproductions, for use in all types of media for public relations purposes to promote Parks & Recreation programs and activities.

I, the undersigned, give permission to the City of Kennesaw to obtain and authorize medical care for participants at any hospital, emergency medical center, or any other health facility; by any medical doctor, osteopath, nurse, surgeon or any other medical practitioner. I also agree to be responsible for the expenses of any medical care required, and I hold the staff authorizing the medical care harmless from any damages suffered by the participant as a result of the medical treatment authorized.

Parent or Legal Guardian Signature (required): _____ Date: _____

City of Kennesaw
Parks & Recreation Department
2753 Watts Drive
Kennesaw, Georgia 30144

**PRESORTED
STANDARD
POSTAGE PAID
SMYRNA, GA
PERMIT 155**



Valentine's Day Dance

**Sat, Feb 11 from
6pm to 9:30pm**

Put on your
dancing shoes
and get ready
for an enchanted
evening to
remember!

The 3rd Annual

Valentine's Day "Mommy/Son or
Daddy/Daughter" Dance will be held
in the Kennesaw Community Center
Banquet Hall. A limited number of
tickets will be sold so don't wait...
this event will sell out!

See page 7 for details.

